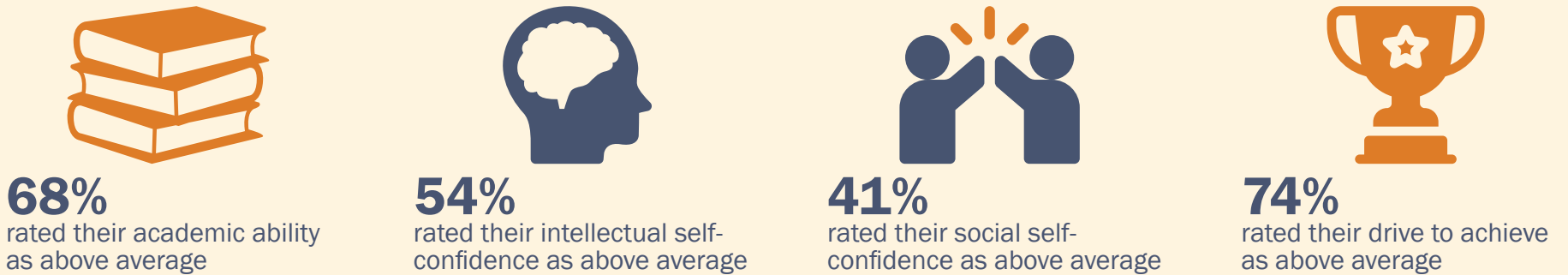




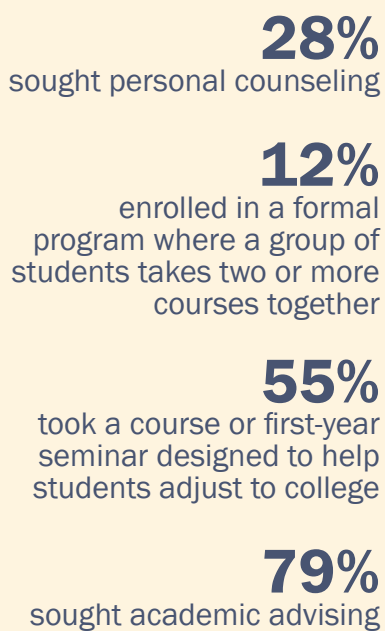
FIRST-YEAR LIFESTYLE

The first year of college is a time of transition. While many students seek out institutional resources for support, health and well-being remain challenging.

While the first year can be challenging, students expressed confidence in their abilities and skills.



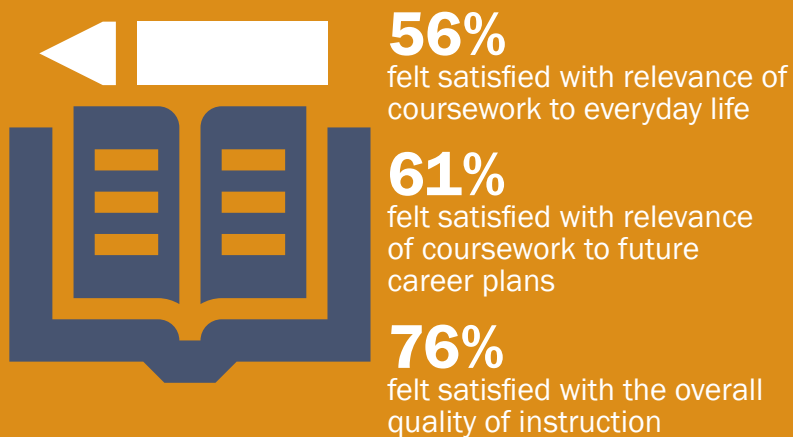
To ease the transition, many sought out resources...



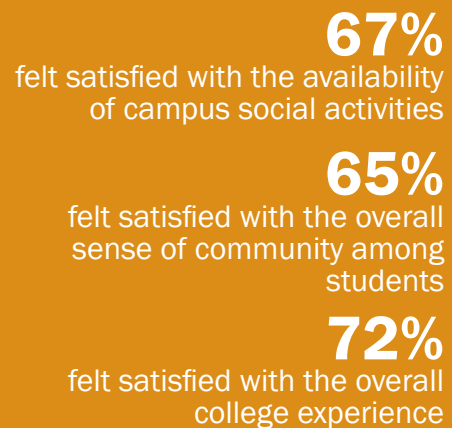
...but health and wellness remained challenges.



Students felt their coursework was meaningful...



...and appreciated the sense of community on campus.



Technology use is prominent amongst students.

