

2019 The Your First College Year Survey (YFCY) Infographic Codebook

The first year of college is a time of transition. While many students seek out institutional resources for support, health and well-being remain challenging.

Infographic Item	Survey Question/Variable Name	Response Option(s) Selected
WHILE THE FIRST YEAR CAN BE CHALLENGING, STUDENTS EXPRESSED CONFIDENCE IN THEIR ABILITIES AND SKILLS.		
68% rated their academic ability as above average	13. Rate yourself on each of the following traits as compared with the average person your age. Academic ability (RATE02)	Above Average, Highest 10%
54% rated their intellectual self-confidence as above average	13. Rate yourself on each of the following traits as compared with the average person your age. Self-confidence (intellectual) (RATE02)	Above Average, Highest 10%
41% rated their social self-confidence as above average	13. Rate yourself on each of the following traits as compared with the average person your age. Self-confidence (social) (RATE23)	Above Average, Highest 10%
74% rated their drive to achieve as above average	13. Rate yourself on each of the following traits as compared with the average person your age. Drive to achieve (RATE24)	Above Average, Highest 10%
TO EASE THE TRANSITION, MANY SOUGHT OUT RESOURCES...		
28% sought personal counseling	25. Since entering this college have you: Sought personal counseling (COLACT25)	Yes
12% enrolled in a formal program where a group of students takes two or more courses together	24. Since entering college have you: Enrolled in a formal program where a group of students takes two or more courses together (e.g., FIG, learning community, linked courses) (COLACT07)	Yes
55% took a course or first-year seminar designed to help students adjust to college	24. Since entering college have you: Taken a course or first-year seminar designed to help first-year students adjust to college (COLACT42)	Yes
79% sought academic advising	31. Since entering this college, how often have you utilized the following services: academic advising (SERVICES08)	Frequently & Occasionally

...BUT HEALTH AND WELLNESS REMAINED CHALLENGES.		
23% frequently had adequate sleep	16. Since entering this college, how often have you: Had adequate sleep (ACT17)	Frequently
27% frequently maintained a healthy diet	16. Since entering this college, how often have you: Maintained a healthy diet (ACT19)	Frequently
43% rated their physical health as above average	13. Rate yourself on each of the following traits as compared with the average person your age. Physical Health (RATE18)	Above Average, Highest 10%
38% rated their emotional health as above average	13. Rate yourself on each of the following traits as compared with the average person your age. Emotional Health (RATE12)	Above Average, Highest 10%
STUDENTS FELT THEIR COURSEWORK WAS MEANINGFUL...		
56% felt satisfied with relevance of coursework to everyday life	19. Please rate your satisfaction with your college in each area: Relevance of coursework to everyday life (CMPSAT10)	Satisfied, Very Satisfied
61% felt satisfied with relevance of coursework to future career plans	19. Please rate your satisfaction with your college in each area: Relevance of coursework to future career plans (CMPSAT11)	Satisfied, Very Satisfied
76% felt satisfied with the overall quality of instruction	19. Please rate your satisfaction with your college in each area: Overall quality of instruction (CMPSAT06)	Satisfied, Very Satisfied
...AND APPRECIATED THE SENSE OF COMMUNITY ON CAMPUS.		
67% felt satisfied with the availability of campus social activities	19. Please rate your satisfaction with your college in each area: Availability of campus social activities (CMPSAT02)	Satisfied, Very Satisfied
65% felt satisfied with their overall sense of community among students	19. Please rate your satisfaction with your college in each area: Overall sense of community among students (CMPSAT07)	Satisfied, Very Satisfied
72 % felt satisfied with their overall college experience	19. Please rate your satisfaction with your college in each area: Overall college experience (CMPSAT05)	Satisfied, Very Satisfied

TECHNOLOGY USE IS PROMINENT AMONGST STUDENTS.		
35% spent six or more hours watching TV/online video content	Since entering this college, how much time have you spent during a typical week doing the following activities? Watching TV/online video content (e.g., Amazon, Hulu, Netflix, YouTube) (HPW20)	6-10 hrs/wk, 11-15 hrs/wk, 16-20 hrs/wk, Over 20 hrs/wk
75% texted or used social media during class	27. Since entering this college, indicate how often you: Texted or used social media during class (CLSACT32)	Occasionally, Frequently
54% accessed campus' library resources electronically	27. Since entering this college, indicate how often you: Accessed your campus' library resources electronically (CLSACT01)	Occasionally, Frequently
61% posted on a course-related online discussion board	16. Since entering this college, how often have you: Posted on a course-related online discussion board (ACT41)	Yes

Survey Source: Your First College Year Survey 2019

www.heri.ucla.edu/yfcy