Developed by the Higher Education Research Institute (HERI) and the Policy Center on the First Year of College in 2000, the Your First College Year survey (YFCY) is administered annually through the Cooperative Institutional Research Program (CIRP) at the University of California, Los Angeles. The YFCY was the first national survey designed specifically to measure student development in the first year of college, and it is distributed to students at the end of their first year. Twenty-three institutions participated in the 19th administration of the YFCY in the Spring of 2018. The sample consists of 5,204 first-time, full-time students at these institutions.

**Journey Through the First Year of College**

**AT THE END OF THE FIRST YEAR, STUDENTS ARE SATISFIED WITH ACADEMIC LIFE ON CAMPUS...**

- 73% are satisfied with general education and core curriculum courses
- 79% are satisfied with their overall academic experience
- 86% would recommend their college to others

**...AND HAVE UTILIZED A VARIETY OF STUDENT SERVICES.**

- 54% used student health services
- 25% used student psychological services
- 29% used campus safety services
- 15% used the disability resource center
- 43% used study skills advising
- 47% used the writing center
- 36% used financial aid advising

**THEY HAVE NUMEROUS DEMANDS ON THEIR TIME OUTSIDE OF CLASS...**

- 34% felt their job responsibilities interfered with schoolwork
- 35% felt their family responsibilities interfered with schoolwork
- 13% spent three or more hours per week commuting
- 64% spent three or more hours per week watching TV/online video content
- 45% pray or meditate
- 58% spent three or more hours per week exercising or playing sports

**...BUT FIND WAYS TO UNWIND.**

**MANY STUDENTS ARE THINKING ABOUT THEIR CAREERS...**

- 59% strongly agree that it is important to think about their career path after college
- 24% strongly agree that they have a clear idea of how to achieve their career goals
- 42% used career services
- 19% are very satisfied with the relevance of coursework to their future career plans

**...AND SOME ARE NOW EXPLORING NEW GOALS.**

- 36% decided to pursue a different major
- 34% changed their career choice

Survey Source: Your First College Year Survey 2018

www.heri.ucla.edu/infographic/