

Your First Year College (YFCY) 2017 Infographic Codebook

The First-Year Mindset

First-year students are ready to take on the challenges of a new environment with an open mind – receptive to new perspectives and diverse views. However, their new environment can also take an emotional toll. Understanding their state of mind can help them excel as they continue their college journey.

Infographic Item	Survey Question/Variable Name	Response Option(s) selected
First-year students frequently pushed themselves...		
41% took on challenges that scared them	How often in the past year did you: Take on a challenge that scares you [MNDHAB11]	Frequently
36% took a risk because they felt they had more to gain	How often in the past year did you: Take a risk because you felt you had more to gain [MNDHAB05]	Frequently
62% saw mistakes as part of the learning process	How often in the past year did you: Accept mistakes as part of the learning process [[MNDHAB09]	Frequently
And they engaged in complex thinking...		
55% analyzed multiple sources before reaching a conclusion	How often in the past year did you: Analyze multiple sources of information before coming to a conclusion [MNDHAB10]	Frequently
62% supported their opinions with logical arguments	How often in the past year did you: Support your opinions with a logical argument [MNDHAB02]	Frequently
47% sought alternative solutions to a problem	How often in the past year did you: Seek alternative solutions to a problem [MNDHAB06]	Frequently
Though maintaining personal wellness is a struggle...		
39% frequently felt anxious	Since entering this college, how often have you: Felt Anxious [ACT23]	Frequently
23% reported below average emotional health	Rate yourself on each of the following traits as compared with the average person your age. We want the most accurate estimate of how you see yourself: Emotional Health [RATE06]	Below Average & Lowest 10%
25% frequently maintained a	Since entering this college, how often have you: Maintained a	Frequently

healthy diet	healthy diet [ACT19]	
19% never had adequate sleep	Since entering this college, how often have you: Had adequate sleep [ACT20]	Not at all
...Students strive to relate to others...		
26% rate their compassion in the top 10% of their peers	Rate yourself on each of the following traits as compared with the average person your age. We want the most accurate estimate of how you see yourself: Compassion [RATE03]	Highest 10%
26% rate their understanding others in the top 10% of their peers	Rate yourself on each of the following traits as compared with the average person your age. We want the most accurate estimate of how you see yourself: Understanding of others [RATE15]	Highest 10%
...And rate their ability to recognize difference as a major strength.		
34% can see the world from another perspective	How would you rate yourself in the following areas: Ability to see the world from someone else's perspective [DIVRATE1]	Major strength
40% are tolerant of those with different beliefs	How would you rate yourself in the following areas: Tolerance of others with different beliefs [DIVRATE2]	Major strength
43% work cooperatively with diverse people	How would you rate yourself in the following areas: Ability to work cooperatively with diverse people [DIVRATE5]	Major strength
28% consider openness to having their views challenged a major strength	How would you rate yourself in the following areas: Openness to having my own views challenged [DIVRATE3]	Major strength
30% are able to discuss and negotiate controversial issues	How would you rate yourself in the following areas: Ability to discuss and negotiate controversial issues [DIVRATE4]	Major strength

They have big plans for their first summer after starting college.

18% plan on taking courses at their current institution	Do you plan to do any of the following this summer? Take courses at this institution [SUMMPLAN01]	Yes
21% plan on taking courses at another institution	Do you plan to do any of the following this summer? Take courses at another institution [SUMMPLAN02]	Yes
83% plan to work for pay	Do you plan to do any of the following this summer? Work for pay [SUMMPLAN03]	Yes
51% will perform volunteer work	Do you plan to do any of the following this summer? Perform volunteer work [SUMMPLAN04]	Yes
33% will participate in an internship	Do you plan to do any of the following this summer? Participate in an internship [SUMMPLAN05]	Yes
74% will travel	Do you plan to do any of the following this summer? Travel [SUMMPLAN06]	Yes

Survey Source: CIRP Your First College Year (YFCY) 2017

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NOTE: Only first-time, full-time students are represented in the infographic (NORMSTAT= 1)