Habits of Mind – a unified measure of the behaviors and traits associated with academic success. These learning behaviors are seen as the foundation for lifelong learning.

### Survey items and estimation ‘weights’:

- How often in the past year did you:
  - * Seek solutions to problems and explain them to others (1.99)
  - * Support your opinions with a logical argument (1.74)
  - * Seek alternative solutions to a problem (1.61)
  - * Evaluate the quality or reliability of information you received (1.58)
  - * Explore topics on your own, even though it is not required for a class (1.27)
  - * Seek feedback on your academic work (1.24)
  - * Ask questions in class (1.20)
  - * Look up scientific research articles and resources (1.05)
  - * Revise your papers to improve your writing (1.04)
  - * Take a risk because you feel you have more to gain (1.03)
  - * Accept mistakes as part of the learning process (0.95)