

# Findings from the 2005 Administration of Your First College Year (YFCY): <br> National Aggregates 

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## Table of Contents

Your First College Year (YFCY): A Brief History ..... 1
The 2005 Administration of the YFCY Survey ..... 1
A Snapshot of the First-Year Experience ..... 3
Student Adjustment to College ..... 3
Satisfaction with College ..... 4
Feelings of Success among First-Year Students ..... 5
Academic Experiences in the First Year ..... 7
Academic Activities and Engagement ..... 7
Faculty and Staff Contact with First-Year Students ..... 9
Personal Challenges and Social Networks in the First Year ..... 11
Financial Concerns and Personal Challenges among First-Year Students ..... 11
Social Networks and Peer Interactions ..... 12
Interactions with Family ..... 13
Religious and Spiritual Issues in the First Year. ..... 15
Social Awareness and Racially Diverse Interactions among First-Year Students ..... 16
A Longitudinal Perspective on the First Year of College ..... 18
Expectation vs. Reality ..... 18
Change Over the First-Year of College ..... 19
Self-Perceived Changes Among First-Year Students ..... 25
Factor Analyses ..... 26
Highlights and Summary ..... 28
Conclusion ..... 29
References ..... 30
Appendix A: 2005 YFCY Institutions by Institutional Type ..... 31
Appendix B: Factor Analysis of the 2005 YFCY National Aggregate Data ..... 37
Appendix C: 2005 YFCY Institutional Profile ..... 46
Appendix D: 2005 YFCY Longitudinal Profile. ..... 57
Appendix E: 2005 Your First College Year Survey Instrument ..... 62

## Your First College Year (YFCY): A Brief History

The story of YFCY is one of a prolific partnership between two organizations with a shared mission: to enhance local and national assessment of the first college year. Early in 1999, the Higher Education Research Institute (HERI) at UCLA joined forces with the Policy Center on the First Year of College at Brevard College to develop a national survey of first-year students. This new survey was designed to measure students' curricular and co-curricular experiences since entering college, and to be administered at the end of the first year. To encourage longitudinal assessment of first-year students, this survey was also designed to posttest several items from the Cooperative Institutional Research Program (CIRP) Freshman Survey, which is administered annually to over 400,000 incoming college freshmen at more than 700 colleges and universities around the country. The CIRP Freshman Survey provides institutions with baseline data about their students (i.e., a profile of students at time of college entry). By contrast, this new survey was designed to provide institutions with information about college environments and student outcomes during the first college year. Using these two surveys in tandem, therefore, would allow schools to assess how and why their first-year students change over time.

With financial support from the Atlantic Philanthropies and the Pew Charitable Trusts, HERI and the Policy Center designed and pilot-tested this new survey over a two-year period (1999-2001). Within the first few weeks of survey development, the project team titled the instrument "Your First College Year," which seemed to best articulate its spirit and purpose. However, the survey soon assumed its more succinct and memorable moniker: YFCY. The YFCY is the first national survey specifically designed to measure student development in the first college year.

## The 2005 Administration of the YFCY Survey

After successful nationwide administrations in 2002, 2003, and 2004, Your First College Year (YFCY) was again administered nationally in spring 2005. Similar to previous national administrations, registration in the 2005 YFCY was available to all colleges and universities regardless of institutional participation in the 2004 CIRP Freshman Survey. In other words, enrollment in the 2005 YFCY was open to institutions that planned to use the survey as a standalone assessment tool as well as to those that intended to utilize it as a follow-up instrument. An
invitation to participate was mailed in September 2004 to all regionally-accredited two-year and four-year institutions across the country. These invitations were mailed to various campus personnel, including Institutional Researchers, Vice Presidents of Academic Affairs, Student Affairs Officers, Presidents, Directors of First-Year Programs, and Deans of Students.

In the end, 144 institutions participated in the 2005 administration. Table 1.1 provides a breakdown of the participating institutions according to institutional type (see Appendix A for a complete institutional list). Over ninety percent of these institutions (134 colleges and universities) had also participated in the 2004 CIRP Freshman Survey. All institutional types were represented in the pool of registrants. An additional 59 institutions were also followed up with the YFCY survey for a special NIH-funded study, bringing the total number of YFCY institutions to 203. For the purpose of this report, NIH-funded schools were excluded from the national aggregates. The results reported here reflect national aggregated (i.e., unweighted) results but are not purported to reflect national normative results. The mean institutional response rate for the 2005 YFCY was 48.2 percent based on administration information obtained from representatives at each participating institution.

Table 1.1 Participation in the 2005 YFCY by Institutional Type

|  |  | Percent of <br> Total <br> Institutional |
| :--- | :---: | :---: |
| Institutional Type | Number | Participation |
| Public Universities | 23 | 16.0 |
| Private Universities | 15 | 10.4 |
| Public Four-Year Colleges | 16 | 11.1 |
| Nonsectarian Four-Year Colleges | 36 | 25.0 |
| Catholic Four-Year Colleges | 19 | 13.2 |
| Other Religious Four-Year Colleges | 32 | 22.2 |
| Two-Year Colleges | 3 | 2.1 |
|  |  |  |
| Total | 144 | 100.0 |

## A Snapshot of the First-Year Experience

This report begins with a descriptive look at responses to the survey among the 38,538 first-time, full-time students at 144 colleges and universities that submitted responses by the cutoff date for the 2005 administration of YFCY. Table 1.2 offers a demographic overview of the respondents within the 2005 YFCY data. As is common with many of our college student surveys, the samples tend to be biased towards women and towards white students.

Table 1.2 Demographic Characteristics

|  | Percent |
| :--- | ---: |
| Total Respondents = 38,538 |  |
| Men | 37.5 |
| Women | 62.5 |
|  |  |
| White/Caucasian | 76.0 |
| African American/Black | 10.5 |
| American Indian/Alaska Native | 1.8 |
| Asian American/Asian | 8.3 |
| Native Hawaiian/Pacific Islander | 1.0 |
| Mexican American/Chicano | 3.1 |
| Puerto Rican | 1.4 |
| Other Latino | 3.2 |
| Other | 3.7 |

Note: Percentages will sum to more than 100.0 if any respondents marked more than one ethnic group.

The findings within this report are organized thematically, beginning with students’ academic and social adjustment to college as measured by feelings of satisfaction and self-rated success with various aspects of the first college year. This is followed by a discussion of students' academic experiences, including issues of academic engagement, and interaction with faculty and staff. Social networks and support systems during the first year are discussed next, and finally, the report concludes with findings related to students' social awareness and issues of spirituality and religion.

## Student Adjustment to College

The YFCY instrument includes several measures of adjustment during the first year of college, such as students' level of satisfaction with various aspects of campus life and their feelings of success at the end of the first year.

## Satisfaction with College

Table 2 summarizes students’ level of satisfaction with their first-year experiences. Most first-year students indicated a high degree of satisfaction with their overall college experience: 72.0 percent reported that they were "satisfied" or "very satisfied" on this item. Likewise, a majority of respondents indicated that they were "satisfied" or "very satisfied" with the overall quality of instruction ( 71.8 percent), relevance of coursework to future career plans (62.7 percent), and amount of contact with faculty ( 61.7 percent). Over 50 percent of the students in the sample reported that they were similarly pleased with the overall sense of community among students, campus social activities, and relevance of coursework to everyday life.

Table 2. Student Satisfaction with Campus Life

|  | Percent of students responding... |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Dissatisfied/ <br> Measure |  |  | Very |  |  | Very |
|  | Satisfied | Satisfied | Neutral | Dissatisfied |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| Overall college experience | 25.1 | 46.9 | 20.0 | 8.0 |  |  |  |  |  |
| Overall quality of instruction | 16.4 | 55.4 | 22.8 | 5.4 |  |  |  |  |  |
| Amount of contact with faculty | 15.1 | 46.5 | 30.5 | 7.8 |  |  |  |  |  |
| Relevance of coursework to future career plans | 15.1 | 47.6 | 27.8 | 9.5 |  |  |  |  |  |
| Overall sense of community among students | 14.2 | 44.3 | 29.3 | 12.2 |  |  |  |  |  |
| Campus social activities | 12.2 | 43.5 | 31.5 | 12.8 |  |  |  |  |  |
| Opportunities for community service | 11.8 | 38.0 | 42.7 | 7.5 |  |  |  |  |  |
| Relevance of coursework to everyday life | 8.0 | 43.2 | 37.1 | 11.8 |  |  |  |  |  |

On average, students in this sample also felt satisfied with various institutional facilities and services that were available to them (Table 3). Specifically, students felt most satisfied with library, classroom, computer, and recreational facilities on campus: Over 69 percent of students responded that they were "satisfied" or "very satisfied" with these facilities. When we pooled the respondents in the two highest categories ("satisfied" or "very satisfied") some of the lowest levels of satisfaction were noted with respect to the registrar's office, student housing facilities, career center services, and financial aid services. The lowest percentage who were "satisfied" or "very satisfied" (42.6 percent) was reported among students who used psychological counseling services on campus, however, it should be noted that a full 64.2 percent of all students reported
that they had "no experience" with the psychological services on campus, or that these services were "not available" to them. A significant percentage of students in the sample also indicated that they did not have access to or experience with other facilities and services, including career center services (41.2 percent reported that they had "no experience" or it was "not available"), tutoring and other academic assistance (30.3 percent), and student health services (29.3 percent).

Table 3. Student Satisfaction with Institutional Facilities and Services
Percent of students responding...

| Measure | Very Satisfied | Satisfied | Neutral | Dissatisfied/ Very Dissatisfied |
| :---: | :---: | :---: | :---: | :---: |
| Library facilities and services ( $\mathrm{N}=37,167$ ) | 27.1 | 50.1 | 17.0 | 5.8 |
| Recreational facilities ( $\mathrm{N}=33,529$ ) | 24.7 | 44.7 | 19.8 | 10.7 |
| Computer facilities ( $\mathrm{N}=36,681$ ) | 23.4 | 52.1 | 17.8 | 6.6 |
| Orientation for new students ( $\mathrm{N}=36,445$ ) | 18.9 | 43.5 | 27.3 | 10.3 |
| Academic advising ( $\mathrm{N}=36,512$ ) | 18.8 | 41.9 | 26.1 | 13.2 |
| Classroom facilities ( $\mathrm{N}=38,149$ ) | 17.6 | 58.7 | 19.8 | 3.8 |
| Tutoring or other academic assistance ( $\mathrm{N}=26,709$ ) | 16.7 | 41.2 | 34.5 | 7.5 |
| Student health center/ services ( $\mathrm{N}=27,077$ ) | 16.2 | 40.2 | 29.3 | 14.3 |
| Psychological counseling services ( $\mathrm{N}=13,690$ ) | 13.7 | 28.9 | 50.4 | 7.0 |
| Career center/ services ( $\mathrm{N}=22,523$ ) | 13.1 | 38.2 | 41.9 | 6.8 |
| Financial aid services ( $\mathrm{N}=31,201$ ) | 13.1 | 37.4 | 33.0 | 16.6 |
| Registrar's office ( $\mathrm{N}=32,179$ ) | 11.5 | 41.8 | 37.3 | 9.4 |
| Student housing facilities ( $\mathrm{N}=34,032$ ) | 11.2 | 40.7 | 27.5 | 20.6 |

Note: Percentages are calculated only for those students who reported access to and/or experience with each facility or service on their campus.

## Feelings of Success among First-Year Students

Question 10 on the YFCY instrument asks students to assess how successful they feel in adjusting to the first year of college, both academically and socially (Table 4). Students felt most successful developing close friendships with other students during the first year of college, with over half of the respondents reporting that they felt "completely" successful in this respect. These students also reported high levels of success in understanding the academic expectations of their professors and adjusting to the academic demands of college. Developing study skills,
time management, and building relationships with faculty were more problematic for these students, the latter being the most challenging of all—only 21.3 percent of the respondents indicated that they felt "very successful" on this item and the same percentage of this sample felt "unsuccessful" in getting to know faculty as first-year undergraduates. Given the host of cognitive and affective benefits associated with faculty-student interaction (Astin, 1993;
Pascarella \& Terenzini, 1991) this feedback points to an aspect of the first-year experience that may be in need of improvement.

## Table 4

Student Self-Ratings of Success During the First Year

|  | Percent of students responding... |  |  |
| :--- | :---: | :---: | :---: |
| Measure of Student Success | Completely <br> Successful | Somewhat <br> Successful | Unsuccessful |
|  |  |  |  |
| Developing close friendships with other | 59.6 | 33.9 | 6.5 |
| $\quad$ students |  |  |  |
| Understanding what your professors expect of | 42.1 | 55.1 | 2.8 |
| $\quad$ you academically | 40.5 | 53.6 | 5.9 |
| Adjusting to the demands of college | 31.5 | 59.5 | 9.0 |
| Utilizing campus services available to students | 28.6 | 60.7 | 10.7 |
| Developing effective study skills | 27.2 | 57.9 | 14.9 |
| Managing your time effectively | 21.3 | 57.4 | 21.3 |
| Getting to know faculty |  |  |  |

## Academic Experiences in the First Year

A number of questions on YFCY measure aspects of the academic experiences of firstyear students, including experiences in the classroom, academic practices outside of the classroom, and interactions with faculty. This section provides an overview of students’ responses to these items.

## Academic Activities and Engagement

Looking at students’ academic experiences in the first year (Table 5), we see that a majority of students are spending 11 or more hours per week attending classes or labs (78.3 percent). This finding makes sense given that full-time students typically carry at least 12 credit hours. However, slightly less than one-third of students in the sample report that they spend a similar amount of time studying or doing homework during the first college year.

Students appear to be engaging in collaborative practices with respect to their academics. A good majority of survey respondents studied with other students and discussed their courses with other students outside of class on a "frequent" or "occasional" basis in the first year of college (88.1 percent and 85.8 percent, respectively). Students also report engagement in the classroom as 76.1 percent of respondents reported speaking up in class. Conversely, there are also indications of academic disengagement in that respondents also indicated that they "frequently" or "occasionally" came late to class (63.1 percent), turned in course assignments that, did not reflect their best work (42.5 percent), and skipped class (32.7 percent) in the first year. A full 43.5 percent of respondents "frequently" felt bored in class. Fewer students "frequently" or "occasionally" received tutoring (22.7 percent) or turned in course assignments late (15.7 percent) as first-year students. Further, only 24.1 percent "frequently" felt that their courses inspired them to think in new ways. These data yield a mixed picture of students’ academic involvement. On one hand, students appear to be involved in some aspects of their courses and seem to study with their peers on a frequent basis, but findings also suggest that students are disengaged academically, especially with respect to their attendance patterns and the quality of their completed assignments.

## Studied or did homework:

$$
\text { Less than } 6 \text { hours per week } 39.0
$$

6 to 10 hours per week ..... 30.8
11 or more hours per week ..... 30.2
Attended class/labs:
Less than 6 hours per week ..... 9.2
6 to 10 hours per week ..... 12.6
11 or more hours per week ..... 78.3
"Frequently" or "Occasionally":
Studied with other students ..... 88.1
Discussed course content with students outside of class ..... 85.8
Spoke up in class ..... 76.1
Came late to class ..... 63.1
Turned in course assignments that did not reflect your best work ..... 42.5
Skipped class ..... 32.7
Received tutoring ..... 22.7
Turned in course assignments late ..... 15.7
"Frequently" felt:Bored in class43.5
That your courses inspired you to think in new ways ..... 24.1

In terms of participation in more formal academic programs during the first college year, 40.7 percent of these students enrolled in a college course or seminar designed expressly to help first-year undergraduates adjust to college including first-year seminars, student success seminars, and University 101 courses (Table 6). Far fewer students enrolled in an honors course (12.3 percent), a learning cluster of some type ( 7.7 percent), or a remedial course ( 4.5 percent). It appears that while these curricular innovations and interventions are gaining a foothold in American higher education, most notably first-year seminars, only a minority of students is actually taking part in these courses.

Percent of students reporting that they have:

Taken a college course or seminar specifically designed to help first-year students adjust to college (e.g., first-year seminar, student success seminar, University 101)

Enrolled in a formal program where a group of students takes two or more courses together (e.g., FIG, learning cluster, learning community, linked courses)

## Faculty and Staff Contact with First-Year Students

Turning to students' interactions with faculty and staff during the first year (Table 7), over three-fourths of respondents (78.7 percent) felt "fairly successful" or "completely successful" in getting to know faculty over the course of the first year, and nearly two-thirds (61.7 percent) were at least "satisfied" with their amount of faculty contact. A smaller percentage of students ( 28.4 percent) "frequently" or "occasionally" felt intimidated by their professors. Regular (i.e., at least weekly) contact with teaching assistants, faculty, academic advisors or counselors, and/or other college personnel was uncommon, although the majority of these students met with an academic advisor/counselor ( 90.3 percent) or faculty member during office hours (89.9 percent) at least once or twice per academic term. Only 20.8 percent of the survey respondents "frequently" or "occasionally" worked on a professor’s research project during their first college year.

Table 7. Interactions with Faculty and Staff in the First Year
Percent of students reporting that they: $\quad$ Percent

Felt "somewhat successful" or "completely successful" getting to know faculty
Felt "satisfied" or "very satisfied" with their amount of contact with faculty
"Frequently" or "occasionally":
Felt intimidated by their professors
Worked on a professor's research project ..... 20.8
Table 7 (continued)
Interacted with faculty during office hours:
Never ..... 10.2
1 to 2 times per term ..... 39.0
1 to 2 times per month ..... 25.8
Once a week ..... 12.9
More than once a week ..... 12.1
Interacted with faculty outside of class or office hours:
Never ..... 29.5
1 to 2 times per term ..... 32.2
1 to 2 times per month ..... 18.8
Once a week ..... 10.9
More than once a week ..... 8.6
Interacted with teaching assistants during office hours:
Never ..... 41.9
1 to 2 times per term ..... 19.4
1 to 2 times per month ..... 11.7
Once a week ..... 13.7
More than once a week ..... 13.4
Interacted with other college personnel:
Never ..... 26.7
1 to 2 times per term ..... 33.7
1 to 2 times per month ..... 16.8
Once a week ..... 9.5
More than once a week ..... 13.3
Interacted with academic advisors/counselors:
Never ..... 9.7
1 to 2 times per term ..... 59.4
1 to 2 times per month ..... 21.2
Once a week ..... 6.2
More than once a week ..... 3.6

## Personal Challenges and Social Networks in the First Year

This section examines the personal challenges faced by these students during their first year of college, as well as aspects of their interpersonal relationships and social networks.

## Financial Concerns and Personal Challenges among First-Year Students

Table 8 summarizes the findings that relate to one important concern for students during the first year: finances. The majority ( 69.4 percent) reported "some" or "major" concerns about their ability to pay for their college expenses, although less than one-third of the students in this sample worked for pay on- or off-campus during their first year. Among those who did work, one-fourth felt that their job responsibilities interfered with their coursework on an "occasional" or "frequent" basis.

## Table 8. Financial Concerns in the First Year

Percent of students reporting that they: Percent

| Had "some" or "major" concerns about financing their college education | 69.4 |
| :--- | :--- |
| Worked for pay $\underline{\text { on campus }}$ | 28.0 |
| Worked for pay $\underline{\text { off campus }}$ | 27.4 |
| Job responsibilities "frequently" or "occasionally" interfered with coursework | 25.0 |

As one might expect, students experience different personal challenges during the first year of college (Table 9). YFCY data reveal that feeling lonely, homesick, and/or concerned about meeting new people are particularly salient issues for first-year students. About one-third or less of the respondents also reported that they "frequently" or "occasionally" felt isolated from campus life, had difficulty getting along with their roommates or housemates, felt intimidated by their professors, or worried about their health. Only 11.4 percent of respondents felt unsafe on their campus. These challenges may partly contribute to the 39.4 percent of the survey respondents who "frequently" felt overwhelmed by all they had to do in the first year, and the 13.1 percent who "frequently" felt depressed.

Table 9. Personal Challenges During the First College Year

| Percent indicating that they: | Percent |
| :--- | :---: |
| "Frequently" felt: |  |
| Overwhelmed by all they had to do | 39.4 |
| Depressed | 13.1 |
|  |  |
| "Frequently" or "occasionally" felt: | 48.8 |
| Lonely or homesick | 41.9 |
| Worried about meeting new people | 35.2 |
| Isolated from campus life | 30.5 |
| Had difficulty getting along with roommate(s)/housemate(s) | 28.4 |
| Intimidated by professors | 28.1 |
| Worried about their health | 11.4 |
| Unsafe on this campus |  |

## Social Networks and Peer Interactions

As shown in Table 10, most of the undergraduates in this sample reported positive interactions with their peers in the first year. Almost 60 percent of the survey respondents were "satisfied" or "very satisfied" with the overall sense of community among students at their school, and the same percentage also felt "completely successful" in developing close friendships with other students since arriving on campus. These students also spent a lot of time with their friends—nearly 80 percent interacted "daily" with their friends on campus. Likewise, 77.8 percent socialized with their friends six or more hours per week. Some students were also successful in maintaining ties to off-campus friends during their first year: 34.5 percent of the survey respondents interacted "daily" with close friends who did not attend their college or university. These data on peer interaction contrast starkly with the frequency of interaction between students and faculty (see above). Moreover, these high levels of interaction with friends may come at the expense of their studies-47.5 percent of these students "frequently" or "occasionally" felt that their social life interfered with their schoolwork.

YFCY collects information about several out-of-class experiences that provide opportunities for students to interact and form relationships with their peers, including extracurricular activities, involvement in student organizations, and residential life. For example, survey data suggests that "partying" was a common activity among these students ( 26.2 percent
reported that they spent six or more hours per week "partying" since entering college), but that joining a social fraternity or sorority was less common (only 9.3 percent indicated that they became a member of such an organization as first-year college students). In addition, 16.4 percent of students were on an intercollegiate athletic team and 27.4 percent of the sample at least "occasionally" participated in intramural sports. While a new living situation (nearly 90 percent of the sample were residential students) can often lead to new and challenging interpersonal relationships, less than one-third (30.5 percent) of the sample reported "frequent" or even "occasional" conflict with roommates or housemates.

Table 10. Friendships and Social Networks in the First College Year

| Percent of students reporting that they: | Percent |
| :--- | :---: |
|  |  |
| Interacted "daily" with close friends at this institution | 79.6 |
| Socialized with friends six or more hours per week | 77.8 |
| Were "satisfied" or "very satisfied" with the overall sense of community |  |
| $\quad$ among students | 58.5 |
| Felt "completely successful" developing close friendships with other students | 59.6 |
| "Frequently" or "occasionally" felt that their social life interfered with |  |
| $\quad$ their schoolwork | 47.5 |
| Interacted "daily" with close friends not at this institution | 34.5 |
| "Frequently" or "occasionally" had difficulty getting along with | 30.5 |
| $\quad$ their roommate(s)/housemate(s) | 27.4 |
| "Frequently" or "occasionally" participated in intramural sports | 26.2 |
| "Partied" six or more hours per week | 16.4 |
| Participated in intercollegiate athletics | 9.3 |

## Interactions with Family

Table 11 highlights the findings regarding students' familial obligations and interactions. The vast majority of respondents are receiving encouragement from home, as 78.6 percent "frequently" or "occasionally" felt family support to succeed. More than one-third of the survey respondents ( 36.5 percent) interacted with their family on a "daily" basis. Close to 21 percent of these students felt that their family responsibilities interfered with their schoolwork in the first college year at least "occasionally," but only 11.2 percent devoted three or more hours per week
to household or childcare duties. These data suggest that for a minority of respondents, balancing familial ties and obligations with their new status as college students is a significant challenge for their adjustment.

Table 11. Family Issues in the First College Year

| Percent of students reporting that they: | Percent |
| :--- | :---: |
|  | 78.6 |
| "Frequently" or "occasionally" felt family support to succeed | 36.5 |
| Interacted "daily" with family <br> "Frequently" or "occasionally" had family responsibilities that interfered | 20.9 |
| $\quad$ with their schoolwork | 11.2 |

## Religious and Spiritual Issues in the First Year

The items on spirituality and religion yielded a very interesting set of findings. As Table 12 indicates, just over a third of the students in this sample felt that their religious beliefs or convictions were "stronger" or "much stronger" since time of college entry, and just over a quarter reported that they devoted one or more hours per week to prayer or meditation as firstyear students. Similarly, 22.6 percent attended a religious service "frequently" during the first year, and 21.7 percent discussed religion "frequently" over the same time. However, this picture shifts when students are asked about the importance of spirituality. The goal of "developing a meaningful philosophy of life" was "very important" or "essential" to most students (52.4 percent); likewise, nearly half reported that "integrating spirituality into my life" was a "very important" or "essential" goal. Thus, these findings suggest that first-year students may be less engaged in religious practice relative to their interest in spirituality and commitment to developing a sense of meaning about their lives. Perhaps, time constraints in the first college year impede traditional forms of religious involvement, yet do not altogether detract from students’ spiritual seeking.

Table 12. Religion and Spirituality in the First College Year

## Percent of students reporting that:

Percent

Their religious beliefs/convictions are "stronger" or "much stronger" compared to when they entered college
They prayed or meditated one or more hours per week

Felt that the following goals are "very important" or "essential":
Developing a meaningful philosophy of life
Integrating spirituality into my life
"Frequently":
Attended a religious service 22.6
Discussed religion 21.7

## Social Awareness and Racially Diverse Interactions among First-Year Students

Table 13 provides results for YFCY items that reflect students' political, cultural, and social vantage points. In regards to interactions with students of another racial or ethnic group, the most common experiences reported were of a social nature, as 48 percent of the students in this sample reported that they "often" or "very often" dined, shared a meal, socialized, or partied with someone of another racial/ethnic group as first-year college students. Approximately onethird of students reported having interpersonal interactions and conversations regarding personal, racial and/or academic issues. Overall, 53.6 percent of these students felt that their knowledge of

Table 13. Social Awareness \& Racially Diverse Interactions in the First Year
Percent of students reporting that: Percent
Helping to promote racial understanding is "essential" or "very important" ..... 43.9
They "very often" or "often" experienced the following with someone of
another racial/ethnic group:
Dined or shared a meal ..... 48.4
Socialized or partied ..... 48.2
Shared personal feelings and problems ..... 38.1
Had intellectual discussions outside of class ..... 36.5
Studied or prepared for class ..... 35.5
Had meaningful and honest discussions about racial/ethnic issues outside of class ..... 29.9
Attended events sponsored by other racial/ethnic groups ..... 19.4
Had guarded/cautious interactions ..... 9.8
Had tense, somewhat hostile interactions ..... 6.8
Felt insulted or threatened because of race/ethnicity ..... 5.5
Compared to when they entered college, students feel
"stronger or "much stronger" in the following areas:
Understanding of national issues ..... 54.6
Understanding of global issues ..... 53.9
Knowledge of people from different races/cultures ..... 53.6
Understanding of the problems facing their community ..... 46.8
people from different races or cultures was "stronger" or "much stronger" since time of college entry. In addition, just under half of respondents felt that "helping to promote racial understanding" was "very important" or "essential" by the end of the first year. Over half of the students in the sample reported that their understanding of national and global issues was "stronger" or "much stronger" since entering college (55.2 percent and 53.7 percent respectively). Similarly, 40 percent of these students noted improvement in their understanding of the problems facing their communities since they entered college. A relatively small percentage of students ( $5-10$ percent) reported interactions of a guarded, cautious, hostile, insulting, or threatening nature, though students of color were significantly more likely than White/Caucasian students to report such interactions ( $\mathrm{p}<.0001$ ).

## A Longitudinal Perspective on the First Year of College

Because the YFCY was designed in part as a follow-up instrument to the annual CIRP Freshman Survey, almost one-third of the items on the 2005 YFCY questionnaire directly posttest items on the CIRP Freshman Survey. With these longitudinal data, institutions that participate in both surveys can create a valuable data set to assess how much their students change over the course of the first college year. One of the most valuable aspects of longitudinal data collection is the ability to move beyond just a "snapshot" of the student experience toward a more effective measure of change and development over time.

Of the 38,538 first-time, full-time students at 144 four-year institutions who completed and returned the 2005 YFCY survey instrument, 22,480 first-time, full-time respondents at 134 institutions also completed the 2004 CIRP Freshman Survey. These students comprise the sample for the following longitudinal analyses.

## Expectation vs. Reality

The 2004 CIRP Freshman Survey includes a series of items that ask incoming students to assess the chances that they will have certain experiences in college and engage in various student activities. Thirteen of these measures are directly post-tested on the 2005 YFCY, thereby allowing us to examine the differences between students’ pre-college expectations and their firstyear experiences. It is important to note that the CIRP question is worded such that it asks students about their expectations of the entire college experience (not just the first year), so these comparisons are tenuous. However, they do offer the opportunity to assess the degree to which students fulfill their expectations about college during the first year.

As seen in Table 14, nearly every comparison shows considerable disparity between the students' expectations and the reality of their first year. In fact, students' expectations exceed reality on all but two items, with differences that range from 16.8 percentage points to 28.2 percentage points. For example, the overwhelming majority of the sample predicted that there was "some chance" or a "very good chance" that they would earn at least a "B" average (96.9 percent), be satisfied with their college ( 96.3 percent), socialize with someone of a different racial or ethnic group (95.3 percent), participate in student clubs and groups (86.1 percent), get a job to help pay for college expenses (81.3 percent), and participate in volunteer/community service work (74.6 percent). However, students' first-year experiences met their high
expectations on only one of these measures: 96.8 percent socialized with someone of a different racial or ethnic group as first-year students. The two comparisons that yielded the largest negative disparity among these measures were participation in student clubs and groups (a 28.2 percentage point drop from expectation to actual experience) and getting a job (a 27.3 percentage point difference).

Overall, these findings suggest that students' expectations generally exceed the reality of their experience during the first year of college. However, it should be noted that students’ firstyear experiences actually exceeded pre-college expectations by a significant margin on one measure: Students are more likely to participate in organized demonstrations than they had anticipated at college entry.

Table 14. Expectations vs. Reality Among First-Year Students

|  | Percent of students <br> responding... |  |  |
| :--- | :--- | :--- | :--- |
|  | "Some <br> chance" or <br> "very good <br> chance" that <br> they will | That they <br> engaged in <br> this activity <br> in the first <br> year |  |
| Expectation* |  |  |  |
|  | 31.6 | 39.0 | +7.4 |
| Participate in organized demonstrations | 95.3 | 96.8 | +1.5 |
| Socialize with someone of another racial/ethnic group | 74.6 | 61.5 | -13.1 |
| Participate in volunteer/community service work | 34.3 | 17.5 | -16.8 |
| Play varsity athletics | 96.9 | 79.8 | -17.1 |
| Make at least a "B" average | 36.7 | 18.6 | -18.1 |
| Seek personal counseling | 49.0 | 30.4 | -18.6 |
| Change major field | 20.1 | 1.1 | -19.0 |
| Transfer to another college | 30.8 | 9.6 | -21.2 |
| Join a fraternity or sorority | 96.3 | 74.3 | -22.0 |
| Be satisfied with this college | 54.7 | 29.3 | -25.4 |
| Change career choice | 81.3 | 54.0 | -27.3 |
| Get a job to help pay for college expenses | 86.1 | 57.9 | -28.2 |

*Expectation measures refer to all of college and are not limited to just the first year.

## Change Over the First-Year of College

Table 15 summarizes the changes in students' time allocation from the point of college entry to the end of the first college year. Students in this sample devoted more time to studying
and homework in college than they did in high school; they also allotted more hours to partying and socializing with friends during their first year. In contrast, we noted a drop in the number of hours that students dedicate to student organizations and leisure activities. For example, we saw notable declines in the number of hours that students spent exercising or playing sports, reading for pleasure, participating in student clubs or groups, and watching television. A decline was also noted with respect to time spent attending to household or childcare duties. More subtle declines were noted in time spent playing video or computer games, and praying or meditating.

Table 15. Change in First-Year Students' Time Allocation

|  | During last <br> year of high <br> school | At the end of <br> first college <br> year | Change |
| :--- | :---: | :---: | :---: |
| Percent reporting that they spent: |  |  |  |
| 6 or more hours per week: | 44.9 | 64.9 | +20.0 |
| Studying/doing homework | 18.7 | 24.1 | +5.4 |
| Partying | 75.3 | 78.3 | +3.0 |
| Socializing with friends | 28.2 | 22.8 | -5.4 |
| Watching TV | 16.5 | 10.0 | -6.5 |
| Participating in student clubs or groups | 50.5 | 32.7 | -17.8 |
| Exercising or sports |  |  |  |
|  | 10.7 | 10.1 | -0.6 |
| 3 or more hours per week: | 19.0 | 17.7 | -1.3 |
| Prayer/meditation | 27.0 | 15.0 | -12.0 |
| Playing video/computer games | 29.0 | 9.9 | -19.1 |
| Reading for pleasure |  |  |  |
| Attending to household/childcare duties |  |  |  |

The increase in time students devote to "partying" during the first year may partially account for the 12.9 percentage point gain in the proportion of students who drink beer, and the 11.6 point gain in drinking wine or liquor, on a "frequent" or "occasional" basis over the course of one year (Table 16). A 10.2 percent point gain in students reporting that they "frequently" felt overwhelmed since entering college, resulted in 40 percent of first-year college students frequently feeling overwhelmed. Slight increases are also reported in "frequently" feeling depressed and smoking cigarettes.

The data also show noticeable declines in certain behaviors. Students in this sample were less likely to discuss politics, discuss religion, and participate in an organized demonstration in the first college year. The largest changes in students’ behavior were observed with respect to attending religious services or performing volunteer work during the first year. There is approximately a 25 percentage point drop in the proportion of students who engaged in these activities during the first year of college as compared to their last year of high school.

Table 16. Change in Student Behaviors Over One Year

|  | At <br> college <br> entry | At the end of <br> the first college <br> year | Change |
| :--- | ---: | ---: | ---: |
| Percent indicating that they: |  |  |  |
| "Frequently" or "occasionally": |  |  |  |
| Drink beer | 41.6 | 54.5 | +12.9 |
| Drink wine or liquor | 50.4 | 62.0 | +11.6 |
| Participate in organized demonstrations | 45.1 | 39.0 | -6.1 |
| Attend a religious service | 81.2 | 56.4 | -24.8 |
| Perform volunteer work | 87.3 | 61.5 | -25.8 |
|  |  |  |  |
| "Frequently": |  |  |  |
| Feel overwhelmed | 29.7 | 39.9 | +10.2 |
| Feel depressed | 7.3 | 12.4 | +5.1 |
| Smoke cigarettes | 4.1 | 6.6 | +2.5 |
| Discuss religion/spirituality | $26.1^{*}$ | 22.7 | -3.4 |
| Discuss politics | 28.2 | 20.7 | -7.5 |
| Socialize with someone of other ethnic group | 69.9 | 57.2 | -12.7 |

*Average of 3 items: discussed religion/spirituality in class, with friends, and with family

On both the CIRP Freshman Survey and the YFCY survey, students are asked to rate themselves along several measures of self-concept "relative to the average person" their age. Table 17 summarizes changes in self-concept and reveals that students have higher selfperceptions at the end of their first college year. On most measures, more students rated themselves "above average" or in the "highest ten percent" at the end of the first year as compared to the beginning. Note, for example, that 40.9 percent of these students rated their computer skills as "above average" or "highest ten percent" at the end of the year, versus 34.2
percent at time of college entry. Likewise, the percent of students who rated their selfunderstanding as "above average" or "highest ten percent" increased by 4.4 percentage points. In contrast, slight declines were noted with regard to students' self-rated physical health, intellectual self-confidence, mathematical ability, drive to achieve, and academic ability.

Table 17. Change in First-Year Students' Self-Concept

| Percent rating themselves "above average" or <br> "highest 10\%" relative to their peers on the <br> following measures of self-concept: | At <br> college <br> entry | At the end of the <br> first college year |  |
| :--- | :---: | :---: | :---: |
|  |  |  |  |
| Change |  |  |  |

As Table 18 suggests, financial concerns do not noticeably change over the first college year for these students. There is a 3.0 percentage point gain in the proportion of students who report no concerns about their ability to finance their undergraduate education from college entry to the end of the first year. Still, the majority of students (over seventy percent combined) had some or no concern about financing college at either time point.

Table 18. Change in First-Year Students' Concern About Financing College

| Percent marking: | At college <br> entry | At the end of the <br> first college year | Change |
| :--- | :---: | :---: | :---: |

The CIRP Freshman Survey and YFCY data also assess changes in students' commitment to various life goals (Table 19). A greater percentage of students claimed that these personal and social goals were "very important" or "essential" to them after one year in college, with the exception of the goal to be well-off financially, which decreased by 2.2 percentage points. The percentage gain of the remaining goals ranged from 2.0 percentage points to 11.6 percentage points. The items with the largest gains were noted among the following items: "helping to promote racial understanding" (an 11.6 percentage point gain from the start of the year to the end), "helping others who are in difficulty" (a 9.7 percentage point gain), and "influencing social values" (a 9.2 percentage point gain). The smallest increases were noted for the following goals: influencing the political structure, making a theoretical contribution to science, and raising a family.

Table 19. Change in First-Year Students' Life Goals

|  | At the end <br> of the first <br> college <br> year |  |  |
| :--- | :---: | :---: | :---: |
| Percent indicating that the following goals | At <br> college <br> entry |  |  |
| are "very important" or "essential": |  |  |  |

## Self-Perceived Changes Among First-Year Students

One question on the YFCY instrument asks students to assess how much they have changed in several areas since entering college. Students' responses to this question are listed in Table 20, which provides a useful point of reference to the findings summarized above. Very few of these students felt as though their knowledge and skills declined since entering college, but many did not feel as if their knowledge and skills improved either. Areas in which these students noted the most improvement included their "knowledge of a particular field or discipline," their "ability to make your own decisions," and their "general knowledge." Other areas of strong selfreported change included their "ability to get along with others," their "knowledge of people from different races/cultures," their understanding of global and national issues, and their "ability to conduct research." The areas in which the majority of students noted "no change" included their "religious beliefs and convictions" and their "understanding of community problems."

Table 20. Self-Perceived Changes Among First-Year Students

|  | Percentage of students responding... |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Much |  | No |  | Much |
| Measure | Stronger | Stronger | Change | Weaker | Weaker |
|  |  |  |  |  |  |
| Knowledge of a particular field or discipline | 26.0 | 61.5 | 11.7 | 0.6 | 0.2 |
| Ability to make your own decisions | 23.9 | 52.1 | 22.7 | 1.0 | 0.2 |
| General knowledge | 16.3 | 71.5 | 11.2 | 0.8 | 0.2 |
| Ability to get along with others | 11.9 | 50.1 | 35.5 | 2.2 | 0.4 |
| Knowledge of people from different |  |  |  |  |  |
| $\quad$ races/cultures | 11.5 | 42.4 | 44.0 | 1.6 | 0.5 |
| Ability to conduct research | 10.5 | 47.3 | 40.5 | 1.4 | 0.4 |
| Understanding of global issues | 10.3 | 45.1 | 40.0 | 3.9 | 0.7 |
| Understanding of national issues | 9.2 | 47.0 | 39.4 | 3.8 | 0.6 |
| Religious beliefs/convictions | 8.9 | 26.7 | 56.5 | 6.3 | 1.6 |
| Understanding of community problems | 8.0 | 39.9 | 49.5 | 2.1 | 0.4 |

## Factor Analyses

The 2005 YFCY includes 219 items reflecting a wide range of cognitive and affective measures. Factor analyses are an important measure of the construct validity of this instrument, that is, "the degree to which a measure actually assesses the underlying theoretical construct it is supposed to assess" (Light, Singer, \& Willett, 1990, p. 156). These analyses help to verify that the 2005 YFCY survey is, in fact, a valid measure of several constructs critical to the first-year experience. However, this methodology is also a valuable tool to assist with the analysis and dissemination of findings resulting from such a comprehensive instrument. "The primary objective of factor analysis is to construct a small number of variables (called factors) that do a good job of conveying the information present in a large number of variables" (Jaeger, 1990, p. 345). For example, the 2005 YFCY survey includes several critical measures of interaction with fellow students. Some examples are studying with peers, hours per week spent participating in student organizations, and feelings of success at establishing friendships with fellow students. Through factor analysis, we are able to group these items with other important measures of student-to-student interaction under the same rubric. Factor analyses were conducted for 208 items on the 2005 YFCY instrument (all items except the demographic questions). Exactly 155 of these variables clustered together to create 28 factors that included three or more variables each and had reliability values of .50 or greater. The factor loadings are reported from confirmatory factor analyses. Table 21 lists these factors with the measure of their reliability. See Appendix B for the complete results of the factor analysis, including the variables that comprise each factor and their loading on that factor.

Table 21. Factor Analysis of the 2005 YFCY National Aggregate Data

| Factor | Cronbach's <br> Alpha |
| :--- | :---: |
|  |  |
| Satisfaction with Campus Services | .91 |
| Positive Race/Ethnic Relations | .89 |
| Satisfaction with College | .87 |
| Leadership and Community Orientation | .86 |
| Religiousness and Spirituality | .84 |
| Sense of Belonging | .84 |
| Self-Concept -- This factor can be divided into three factors: | .82 |
| $\quad$ Social Self-Concept | .72 |
| $\quad$ Emotional and Interpersonal Self-Concept | .65 |
| $\quad$ Self-Assessed Academic Motivation | .58 |
| Racial/Ethnic Interactions of a Negative Quality | .80 |
| Concerned Individual | .78 |
| Academic Success Habits | .77 |
| Artistic Abilities | .77 |
| Poor Social and Emotional Adjustment | .77 |
| Math and Analytical Orientation | .76 |
| Informed Citizenship | .76 |
| Self-Assessed Cognitive Development | .74 |
| Authority and Status Values | .74 |
| Partying | .71 |
| Academic Disengagement | .71 |
| Interactions with Faculty and Staff | .69 |
| Advice and Counseling | .69 |
| Campus Racial Climate | .67 |
| Race/Ethnic Composition of the Environment | .66 |
| Terceptions of Faculty Attitudes Towards Students | .66 |
| External Commitments | .64 |
| Physical Health and Athletic Involvement | .64 |
| Conflicting Commitments | .64 |
|  | .59 |

## Highlights and Summary

## Student Satisfaction in the First Year

- Nearly three-fourths of the respondents reported being "satisfied" or "very satisfied" with their overall college experience.
- The majority of students in the sample were likewise satisfied with the quality of instruction they received, relevance of coursework to future career plans, amount of contact with faculty, overall sense of community among students, campus social activities, and relevance of coursework to everyday life.
- In regards to campus facilities, students felt most satisfied with library, classroom, computer, and recreational facilities. Areas in which students were comparatively less satisfied include the registrar's office, student housing facilities, psychological counseling, career center, and financial aid services.


## Academic Experiences in the First Year

- Although most respondents studied and discussed their courses with other students during the first year, findings suggest that many remain disengaged from their coursework: over half "frequently" or "occasionally" came late to class; almost half turned in course assignments that did not reflect their best work or felt bored in class; and approximately one-third skipped class at least "occasionally" in the first year.
- Close to one-third of the survey respondents felt intimidated by their professors in the first college year, which may help to explain why less than a quarter of respondents met with faculty members during or outside of class/office hours at least once a week.


## Student Adjustment to College

- The majority of respondents felt "completely successful" in developing close friendships with other students; less than half felt similarly about understanding professors' academic expectations and adjusting to the demands of college in general; less than a third were completely successful at utilizing campus services, developing effective study skills, managing their time effectively, or getting to know faculty. However, the vast majority of students were at least "somewhat successful" in each of these areas.

Personal Challenges and Social Networks in the First Year

- The majority of first-year students have some degree of concern about financing their college education, although less than one-third of the respondents work for pay on- or off- campus. Less than half of the students "frequently" felt overwhelmed, lonely or homesick, and worried about meeting new people in the first year.
- Students reported mostly positive interactions with their peers since entering college. Slightly more than one-third of the respondents interacted with family members on a daily basis.


## Change Over the First Year of College

- As compared with when they entered college, first-year students:
- Spend more time studying, partying, and socializing with friends;
- Spend less time attending to household or childcare duties, exercising, performing volunteer work, attending religious services, and reading for pleasure;
- Drink beer, wine, and/or other types of liquor more frequently;
- Feel more overwhelmed and depressed; and
- Feel less worried about the costs of college.
- Students' actual experiences in college often fall short of their expectations, especially with respect to changing career plans, getting a job to help pay for expenses, and participating in student clubs or groups. For example, the tendency is for students to overestimate their need to work, to change their major, or to change their career.
- When asked to assess how much they have changed since entering college, very few of the respondents felt as though their knowledge and skills declined since entering college, but many did not feel as if their knowledge and skills improved either. Areas in which students noted the most improvement included their knowledge of a particular field or discipline, their ability to make their own decisions, and their general knowledge.


## Conclusion

The majority of students in the 2005 YFCY sample were generally satisfied with the quality of their first year of college experience. Regarding their academic experiences, many students remain somewhat disconnected from their coursework responsibilities as evidenced by their lack of overall engagement with faculty and their tendency to be tardy or to turn in late assignments. In terms of adjustment to college, students report mostly positive interactions with peers, although students retain a healthy concern over their finances. The longitudinal findings indicate that students' expectations generally exceed the reality of their experiences during the first year of college. These important preliminary findings offer a glimpse of the potential of YFCY survey data to better inform institutional policies and practices with regard to first-year student populations. By offering both cross-sectional and longitudinal assessment opportunities for this critical student population, these data can also serve to provoke further inquiry at the institution level.

## References

Jaeger, R.M. (1993). Statistics: A spectator sport (2 ${ }^{\text {nd }}$ ed.). Newbury Park, CA: Sage Publications, Inc.

Light, R.J., Singer, J.D, \& Willet, J.B. (1990). By design: Planning research on higher education. Cambridge, MA: Harvard University Press.

## Appendix A: 2005 YFCY Institutions by Institutional Type

## Public Universities (46)

Alabama A\&M University* $\square$
Bowie State University (MD)* $\star$ ~
Clemson University (SD)
Colorado State University* $\star$
Coppin State College (MD)* $\square$
Elizabeth City State University (NC)* $\square$
Florida Memorial College* ${ }^{\sim} \sim$
Georgia Institute of Technology* $\square$
Medgar Evers College (NY) ~
Miami University*
Morgan State University (MD)* $\square$
North Carolina Central University* $\square$
North Dakota State University*
Northern Illinois University*
Ohio State University* $\star$
Oregon State University* $\square$
Rutgers University-New Brunswick* $\square$
Savannah State University (GA)* $\square$
Southern Illinois U-Carbondale*
Southern University-New Orleans* $\star$ ~
Spelman College (GA)* ${ }^{\text {~ }}$
SUNY-Stony Brook* $\star$
SUNY-University at Buffalo* $\square$
Talladega College (AL)* ${ }^{*}$ ~

Tennessee State University* $\star$
Texas A\&M University* $\star \star$
Texas Tech University* $\star$
Texas Woman’s University* $\star$
Tuskegee University (AL)* $\star$ ~
U of Arkansas-Fayetteville* $\square$
U of Arkansas-Pine Bluff* $]^{\square}$
U of California-Irvine* $\square$
U of California-Los Angeles* $\square$
U of California-Riverside* ${ }^{\square}$
U of California-San Diego*
U of California-Santa Barbara* * $\star$
U of California-Santa Cruz* $\square$
U of Connecticut
U of New Mexico* $\star$
U of Pittsburgh* ${ }^{\square}$
U of Toledo $(\mathrm{OH})^{*}$
U of the Virgin Islands* $\square$
U of Wisconsin-Milwaukee* *
Virginia Poly Inst and St University*
Wayne State University (MI)* $\square$
Winston-Salem State University (NC)* $\square$

Private Universities (23)

Baylor University (TX)* $\square$
California Institute of Technology* $\square$
Case Western Reserve University * $\star$
Cornell University (NY)* $\square$
Creighton University (NE)*
Emory University (GA)* $\star$
Fordham University (NY)*
Howard University (DC)* $\square$
Lehigh University (PA)
Loyola Marymount University (CA)* Massachusetts Inst of Technology* $\star$ New York University*

Northwestern University (IL)* $\star$
Rensselaer Polytechnic Institute (NY)* $\star$ Saint John's University-Queens (NY)* Seton Hall University (NJ)*
Southern Methodist University (TX)* $\star$
Syracuse University (NY)
U of Notre Dame (IN)* $\square$
U of Rochester (NY)* $\square$
U of San Diego (CA)*
U of Southern California* $\square$
Wake Forest University (NC)* $\square$

Public Four-Year Colleges (33)

Bernard M Baruch College (NY)*
Cal Poly State U-San Luis Obispo* $\star$
California State U-Long Beach* $\square$
California State U-Los Angeles* $\square$
California State U-San Marcos* $]$
Central Missouri State University*
College of Staten Island (NY)* $\square$
East Central University (OK)* $\square$
Eastern Michigan University* $\square$
Eastern New Mexico University* $\star$
Georgia Southern University* $\square$
Georgia Southwestern State University*
Georgia State University* $\square$
Grand Valley State University (MI)*
Michigan Technological University*
Nevada State College*
Northeastern Illinois University* $\square$

Northeastern State University (OK)* $\square$
Northern Arizona University* $\square$
Oakland University (MI)* $\square$
San Francisco State University* ${ }^{\square}$
Sonoma State University (CA)*
Southeastern Oklahoma State University* $\square$
SUNY Institute of Technology*
Texas A\&M U-Commerce
Texas A\&M U-Kingsville* ${ }^{\square}$
U of Arkansas-Fort Smith
U of Louisiana at Lafayette* $\square$
U of Nebraska-Omaha*
U of South Carolina-Upstate*
U of Texas-San Antonio* $\square$
Western Illinois University*
Worcester State College (MA)*

## Private Four-Year Colleges, Catholic (23)

Albertus Magnus College (CT)*
Barry University (FL)* $\square$
Bellarmine University (KY)*
Carlow College (PA)*
College Misericordia (PA)*
College of Santa Fe (NM)*
Daemen College (NY)*
Dominican University (IL)*
Gannon University (PA)*
Loyola College in Maryland*
Manhattan College*
Mount Saint Mary's College (CA)* $\star$

Niagara University (NY)*
Notre Dame College (OH)*
Ohio Dominican University*
Sacred Heart University (CT)*
Saint Norbert College (WI)*
Saint Peter's College (NJ)* $\square$
Saint Thomas University (FL)* $\square$
Saint Xavier University (IL)* $\square$
Trinity University (DC)* $\star$
U of Portland*
Xavier University of Louisiana* $\star$ ~

## Private Four-Year Colleges, Nonsectarian (39)

Atlanta College of Art*
Babson College (MA)*
Bard College (NY)*
Berea College (KY)*
Bowdoin College (ME)*
Bucknell University (PA)* $\square$
Colby College (ME)*
Colgate University (NY)*
Clark University (MA)*
Dartmouth College(NH)* $\square$

Dickinson College (PA)*
Hamilton College (NY)*
Haverford College (PA)*
Illinois Wesleyan University*
Johnson \& Wales University (RI)
Johnson \& Wales U-Charlotte
Johnson \& Wales U-Denver
Johnson \& Wales U-North Miami
Juniata College (PA)*
Lesley University (MA)*

Lynn University (FL)*
Morehouse College (GA)* $\star$ ~
Oberlin College (OH)*
Occidental College*
Philadelphia University*
Pine Manor College (MA)*
Post University (CT)*
Principia College (IL)*
Quinnipiac University (CT)*
Rider University (NJ)*

Scripps College (CA)*
Southern New Hampshire University*
Sweet Briar College (VA)*
U of the Arts (PA)*
Washington College (MD)*
Webber International University (FL)*
Wells College (NY)*
Wilkes University (PA)*
Woodbury University (CA)* $\square$

Private Four-Year Colleges, Other Religious (35)

Abilene Christian University (TX)*
Agnes Scott College (GA)*
Albion College (MI)*
Augustana College (IL)*
Austin College* $]$
Bennett College (NC)* $\star$ ~
Brevard College (NC)*
Buena Vista University (IA)*
Campbell University (NC)*
Carthage College (WI)*
Central College (IA)*
Charleston Southern University (SC)*
Crown College (MN)
Dillard University (LA)* $\square$
Earlham College (IN)*
East Texas Baptist University*
Elon University (NC)*
Gardner-Webb University (NC)*

Hendrix College (AR)*
Iowa Wesleyan College*
Lakeland College (WI)*
Livingstone College (NC)*~
Mercer University (GA)*
Mount Olive College (NC)*
North Central College (IL)*
Northwest Nazarene University (ID)*
Oklahoma Baptist University*
Pepperdine University (CA)* $\star$
Philander Smith College (AR)* $\square$
Point Loma Nazarene University (CA)*
Randolph-Macon Woman’s College (VA)*
Roberts Wesleyan College (NY)*
Tennessee Temple University*
Voorhees College (SC)*~
Wittenberg University (OH)*

Two-Year Colleges (4)

College of the Sequoias (CA)* $\square$
Mount San Antonio College (CA)* $\star$

Southeast Kentucky Cmty \& Tech College Spartanburg Methodist College (SC)

Notes:

* indicates institutions that participated in the 2004 CIRP Freshman Survey
$\star \quad$ indicates institutions that are participating in YFCY as well as a special NIH funded project
$\square \quad$ indicates institutions that are only participating in a special NIH funded project (limited sample and are not included in the national YFCY Aggregates or factor analysis)
- indicates an institution that is conducting a web-only administration of YFCY
~ indicates a Historically Black College or University (HBCU)


## 2005 YFCY Institutions

Alphabetical

Abilene Christian University (TX)* Agnes Scott College (GA)* Alabama A \& M University * $]$
Albertus Magnus College (CT)*
Albion College (MI)*
Atlanta College of Art *
Augustana College (IL)*
Austin College (TX)* $\square$
Babson College (MA)*
Bard College (NY)*
Barry University (FL)*
Baylor University (TX)* $\square$
Bellarmine University (KY)*
Bennett College (NC)* $\star^{\sim}$
Berea College (KY)*
Bernard M Baruch College (NY)*
Bowdoin College (ME)*
Bowie State University (MD)* $\star \sim$
Brevard College (NC)*
Bucknell University (PA)* $\square$
Buena Vista University (IA)*
Cal Poly State U - San Luis Obispo * $\star$
California Institute of Technology * $\square$
California State U-Long Beach * $\square$
California State U-Los Angeles * $\square$
California State U-San Marcos * ${ }^{\text { }}$
Campbell University (NC)*
Carlow College (PA)*
Carthage College (WI)*
Case Western Reserve U (OH)* $\star$
Central College (IA)*
Central Missouri State University *
Charleston Southern University (SC)*
Clark University (MA)*
Clemson University (SD)
Colby College (ME)*
Colgate University (NY)*
College Misericordia (PA)*
College of Santa Fe (NM)*
College of Staten Island (NY)*
College of the Sequoias (CA)* $\square$
Colorado State University * $\star$

Coppin State College (MD)*
Cornell University (NY)* $\square$
Creighton University (NE)*
Crown College (MN)
Daemen College (NY)*
Dartmouth College (NH)*
Dickinson College (PA)*
Dillard University (LA)* $\square$
Dominican University (FL)*
Earlham College (IN)*
East Central University * $\square$
East Texas Baptist University *
Eastern Michigan University *
Eastern New Mexico University * $\star$
Elizabeth City State University (NJ)* $\square$
Elon University (NC)*
Emory University (GA)* $\star$
Florida Memorial College * $\quad$ ~
Fordham University (NY)*
Gannon University (PA)*
Gardner-Webb University (NC)*
Georgia Institute of Technology * $\square$
Georgia Southern University * $\square$
Georgia Southwestern State U * $\square$
Georgia State University * $\square$
Grand Valley State University (MI)*
Hamilton College (NY)*
Haverford College (PA)*
Hendrix College (AR)*
Howard University (DC)* $\square$
Illinois Wesleyan University *
Iowa Wesleyan College *
Johnson \& Wales University
Johnson \& Wales U-Charlotte
Johnson \& Wales U-Denver
Johnson \& Wales U-North Miami
Juniata College (PA)*
Lakeland College (WI)*
Lehigh University (PA)
Lesley University (MA)*
Livingstone College (NC)*~
Loyola College in Maryland *

Loyola Marymount University (CA)*
Lynn University (FL)*
Manhattan College *
Massachusetts Inst of Technology * $\star$
Medgar Evers College (NY)~
Mercer University (GA)*
Miami University *
Michigan Technological University *
Morehouse College (GA)* ${ }^{\star} \sim$
Morgan State University (MD)* $\square$
Mount Olive College (NC)*
Mount Saint Mary’s College (CA)* $\star$
Mount San Antonio College (CA)* $\star$
Nevada State College *
New York University *
Niagara University (NY)*
North Carolina Central University * $\square$
North Central College (IL)*
North Dakota State University *
Northeastern Illinois University * $\square$
Northeastern State University (OK)* $\square$
Northern Arizona University * $\square$
Northern Illinois University *
Northwest Nazarene University (ID)*
Northwestern University (IL)* $\star$
Notre Dame College (OH)*
Oakland University (MI)* $\square$
Oberlin College (OH)*
Occidental College (CA)*
Ohio Dominican University (VA)*
Ohio State University * $\star$
Oklahoma Baptist University *
Oregon State University *
Pepperdine University (CA)*
Philadelphia University *
Philander Smith College (AR)* $\square$
Pine Manor College (MA)*
Post University (CT)*
Point Loma Nazarene University (CA)*
Principia College (IL)*
Quinnipiac University (CT)*
Randolph-Macon Woman’s College (VA)*
Rensselaer Polytechnic Institute (NY)* $\star$
Rider University (NJ)*
Roberts Wesleyan College (NY)*
Rutgers University-New Brunswick * $\quad$ ]

Sacred Heart University (CT)*
Saint John’s University-Queens *
Saint Norbert College (WI)*
Saint Peter's College (NJ)*
Saint Thomas University (FL)* $\square$
Saint Xavier University (IL)* $\square$
San Francisco State University * $\square$
Savannah State University (GA)* $\square$
Scripps College (CA)*
Seton Hall University (NJ)*
Sonoma State University (CA)*
Southeast Kentucky Cmty \& Tech College
Southeastern Oklahoma State U * $\square$
Southern Illinois U-Carbondale *
Southern Methodist University (TX)* $\star$
Southern New Hampshire University *
Southern University-New Orleans * $\star \sim$
Spartanburg Methodist College (SC)
Spelman College (GA)* ${ }^{\text {~ }}$
SUNY Institute of Technology *
SUNY-Stony Brook * ${ }^{*}$
SUNY-University at Buffalo * $\square$
Sweet Briar College (VA)*
Syracuse University (NY)
Talladega College (AL)*
Tennessee State University *
Tennessee Temple University *
Texas A\&M U-Commerce
Texas A\&M University * $\star$
Texas A\&M University-Kingsville * $\square$
Texas Tech University * $\star$
Texas Woman’s University * $\star$
Trinity University (DC)* $\square$
Tuskegee University (AL)* ${ }^{\text {~ }}$
U of Arkansas-Fayetteville * $\square$
U of Arkansas-Fort Smith
U of Arkansas-Pine Bluff * $\square$
U of California-Irvine * $\square$
U of California-Los Angeles * $\square$
U of California-Riverside * $\square$
U of California-San Diego *
U of California-Santa Barbara * $\star$
U of California-Santa Cruz * $\square$
U of Connecticut
U of Louisiana at Lafayette* $\square$
U of Nebraska-Omaha *

```
U of New Mexico * \(\star\)
U of Notre Dame (IN)* \(\square\)
U of Pittsburgh (PA)* \(\square\)
U of Portland (OR)*
U of Rochester (NY)* \(\square\)
U of San Diego (CA)*
U of South Carolina-Upstate *
U of Southern California*
U of Texas-San Antonio * \(\square\)
U of the Arts (PA)*
U of the Virgin Islands * \(\square\)
U of Toledo (OH)*
U of Wisconsin-Milwaukee * \(\star\)
Virginia Polytechnic Inst and St U *
```

Voorhees College (SC)*~
Wake Forest University (NC)* $\square$
Washington College (MD)*
Wayne State University (MI)*
Webber International University (FL)*
Wells College (NY)*
Western Illinois University *
Wilkes University (PA)*
Winston-Salem State University (NC)* $\square$
Wittenberg University (OH)*
Woodbury University (CA)*
Worcester State College (MA)*
Xavier University of Louisiana * $\star \sim$

Notes:

* indicates institutions that participated in the 2004 CIRP Freshman Survey
$\star \quad$ indicates institutions that are participating in YFCY as well as a special NIH funded project
$\square$ indicates institutions that are only participating in a special NIH funded project (limited sample and are not included in the national YFCY Aggregates or factor analysis)
- indicates an institution that is conducting a web-only administration of YFCY
~ indicates a Historically Black College or University (HBCU)


## Appendix B: Factor Analysis of the 2005 YFCY National Aggregate Data

Factor 1: Satisfaction with Campus Services (Cronbach's alpha $=\mathbf{~ . 9 1 ) ~}$

| Variable (all questions are from Question \#6 on the 2005 YFCY Survey) | Factor <br> Loading |
| :--- | :---: |
|  |  |
| Satisfaction: Career center/services | .77 |
| Satisfaction: Registrar's office | .76 |
| Satisfaction: Psychological counseling services | .74 |
| Satisfaction: Tutoring or other academic assistance | .72 |
| Satisfaction: Student health center/services | .71 |
| Satisfaction: Classroom facilities | .70 |
| Satisfaction: Financial aid services | .68 |
| Satisfaction: Student housing facilities/services | .68 |
| Satisfaction: Computer facilities | .67 |
| Satisfaction: Academic advising | .67 |
| Satisfaction: Orientation for new students | .67 |
| Satisfaction: Library facilities and services | .65 |
| Satisfaction: Recreational facilities | .64 |

Factor 2: Positive Race/Ethnic Relations (Cronbach's alpha = .89)

| Variable | Factor <br> Loading |
| :--- | :---: |
|  |  |
| Frequency: Shared personal feelings and problems (question \#16) | .85 |
| Frequency: Had intellectual discussions outside of class (question \#16) | .85 |
| Frequency: Dined or shared a meal (question \#16) | .81 |
| Frequency: Had meaningful and honest discussions about racial/ethnic issues | .79 |
| outside of class (question \#16) .78 <br> Frequency: Socialized or partied (question \#16) .76 <br> Frequency: Studied or prepared for class (question \#16) .63 <br> Frequency: Attended events sponsored by other racial/ethnic groups (question \#16) .59 Socialized with someone of another racial/ethnic group (question \#12) |  |


| Variable (all items are from Question \#23 on the 2005 YFCY Survey) | Factor Loading |
| :---: | :---: |
| Satisfaction: Relevance of coursework to everyday life | . 73 |
| Satisfaction: Relevance of coursework to future career plans | . 71 |
| Satisfaction: Overall quality of instruction | . 68 |
| Satisfaction: Opportunities for community service | . 65 |
| Satisfaction: Amount of contact with faculty | . 61 |
| Satisfaction: Campus social activities | . 60 |
| Satisfaction: Overall sense of community among students | . 59 |
| Satisfaction: Overall college experience | . 55 |
| Factor 4: Leadership and Community Orientation (Cronbach's alpha = .86) |  |
| Variable (all items are from Question \#13 on the 2005 YFCY Survey) | Factor Loading |
| Goal: Participating in a community action program | . 78 |
| Goal: Helping to promote racial understanding | . 77 |
| Goal: Improving the health of minority communities | . 75 |
| Goal: Improving my understanding of other countries and cultures | . 70 |
| Goal: Becoming a community leader | . 67 |
| Goal: Becoming involved in programs to clean up the environment | . 66 |
| Goal: Developing a meaningful philosophy of life | . 58 |
| Goal: Influencing social values | . 51 |
| Goal: Helping others who are in difficulty | . 51 |
| Factor 5: Religiousness and Spirituality (Cronbach's alpha = .84) |  |
| Variable | Factor <br> Loading |
| Self-rating: Religiousness (question \#11) | . 81 |
| Frequency: Attended a religious service (question \#12) | . 74 |
| Self-rating: Spirituality (question \#11) | . 74 |
| Goal: Integrating spirituality into my life (question \#13) | . 71 |
| Hours per week: Prayer/meditation (question \#21) | . 56 |
| Frequency: Discussed religion/spirituality (question \#12) | . 54 |
| Self-rated change: Religious beliefs and convictions (question \#19) | 48 |



| Variable (all items are from Question \#11 on the 2005 YFCY Survey) | Factor <br> Loading |
| :--- | :---: |
| Self-rating: Self-confidence (intellectual) | .78 |
| Self-rating: Drive to achieve | .73 |
| Self-rating: Writing ability | .70 |
| Factor 8: Racial/Ethnic Interactions of a Negative Quality (Cronbach's alpha = .80) |  |
|  | Factor |
| Variable (all items are from Question \#16 on the 2005 YFCY Survey) | Loading |
|  |  |
| Frequency: Had tense, somewhat hostile interactions | .88 |
| Frequency: Felt insulted or threatened because of race/ethnicity | .84 |
| Frequency: Had guarded, cautious interactions | .82 |
|  |  |
| Factor 9: Concerned Individual (Cronbach's alpha = .78) | Factor |
| Variable (all items are from Question \#11 on the 2005 YFCY Survey) | Loading |
|  | .78 |
| Self-rating: Generosity | .76 |
| Self-rating: Cooperativeness | .73 |
| Self-rating: Forgiveness | .70 |
| Self-rating: Ability to work as part of a team | .67 |

Factor 10: Academic Success Habits (Cronbach's alpha = .77)

| Variable (all items are from Question \#10 on the 2005 YFCY Survey) | Factor <br> Loading |
| :--- | :---: |
| Success: Developing effective study skills | .80 |
| Success: Adjusting to the academic demands of college | .79 |
| Success: Managing your time effectively | .76 |
| Success: Understanding what your professors expect of you academically | .66 |
| Success: Getting to know faculty | .58 |
| Success: Utilizing campus services available to students | .50 |

Factor 11: Artistic Abilities (Cronbach's alpha = .77)

| Variable | Factor <br> Loading |
| :--- | :---: |
| Goal: Creating artistic work (painting, sculpture, decorating, etc.) (question \#13) | .82 |
| Self-rating: Artistic ability (question \#11) | .77 |
| Self-rating: Creativity (question \#11) | .69 |
| Goal: Writing original works (poems, novels, short stories, etc.) (question \#13) | .68 |
| Goal: Becoming accomplished in performing arts (acting, dancing, etc.) (question \#13) | .66 |
|  |  |
| Factor 12: Poor Social and Emotional Adjustment (Cronbach's alpha = .77) |  |
| Variable | Factor |
|  | Loading |
| Frequency: Worried about meeting new people (question \#14) | .70 |
| Frequency: Isolated from campus life (question \#14) | .69 |
| Frequency: Lonely or homesick (question \#14) | .69 |
| Frequency: Worried about your health (question \#14) | .65 |
| Frequency: Felt depressed (question \#12) | .60 |
| Frequency: Intimidated by your professors (question \#14) | .59 |
| Frequency: Unsafe on this campus (question \#14) | .54 |
| Frequency: Concerned about life after college (question \#14) | .46 |

Factor 13: Math and Analytical Orientation (Cronbach's alpha = .76)

| Variable (all items are from Question \#11 on the 2005 YFCY Survey) | Factor <br> Loading |
| :--- | :---: |
| Self-rating: Analytical/problem solving skills | .87 |
| Self-rating: Critical thinking skills | .82 |
| Self-rating: Academic ability | .74 |
| Self-rating: Mathematical ability | .65 |

Factor 14: Informed Citizenship (Cronbach's alpha = .76)

| Variable | Factor <br> Loading |
| :--- | :---: |
|  |  |
| Self-rated change: Understanding of national issues (question \#19) | .78 |
| Self-rated change: Understanding of global issues (question \#19) | .78 |
| Self-rated change: Understanding of the problems facing your community (\#19) | .64 |
| Goal: Reading a newspaper to be informed of national/global issues (question \#13) | .64 |
| Goal: Keeping up to date with political affairs (question \#13) | .63 |
| Frequency: Read a newspaper (question \#18) | .50 |


| Variable | Factor Loading |
| :---: | :---: |
| Self-rated change: General knowledge (question \#19) | . 73 |
| Self-rated change: Ability to make your own decisions (question \#19) | . 69 |
| Self-rated change: Knowledge of a particular field or discipline (question \#19) | . 66 |
| Self-rated change: Ability to conduct research (question \#19) | . 65 |
| Self-rated change: Ability to get along with others (question \#19) | . 62 |
| Self-rated change: Knowledge of people from different races/cultures (question \#19) | . 59 |
| Frequency: That your courses inspired you to think in new ways (question \#14) | . 49 |
| Factor 16: Authority and Status Values (Cronbach's alpha = .74) |  |
| Variable (all items are from Question \#13 on the 2005 YFCY Survey) | Factor Loading |
| Goal: Obtaining recognition from my colleagues for contributions to my special field | . 75 |
| Goal: Becoming an authority in my field | . 73 |
| Goal: Having administrative responsibility for the work of others | . 73 |
| Goal: Being very well off financially | . 66 |
| Goal: Becoming successful in a business of my own | . 64 |
| Factor 17: Partying (Cronbach's alpha $=.71$ ) |  |
| Variable | Factor Loading |
| Frequency: Drank beer (question \#12) | . 90 |
| Frequency: Drank wine or liquor (question \#12) | . 89 |
| Hours per week: Partying (question \#21) | . 80 |
| Frequency: Smoked cigarettes (question \#12) | . 60 |
| Factor 18: Academic Disengagement (Cronbach's alpha = .69) |  |
| Variable | Factor <br> Loading |
| Frequency: Skipped class (question \#18) | . 68 |
| Frequency: Turned in course assignments that did not reflect your best work (\#18) | . 65 |
| Frequency: Came late to class (question \#12) | . 62 |
| Frequency: Turned in course assignment(s) late (question \#18) | . 60 |
| Frequency: Fell asleep in class (question \#18) | . 58 |
| Frequency: Received negative feedback about your academic work (question \#18) | . 55 |
| Frequency: Felt bored in class (question \#12) | . 45 |


| Variable (all items are from Question \#5 on the 2005 YFCY Survey) | Factor <br> Loading |
| :---: | :---: |
| Frequency of interaction with: Faculty outside of class or office hours <br> Frequency of interaction with: Faculty during office hours <br> Frequency of interaction with: Academic advisors/counselors <br> Frequency of interaction with: Other college personnel | $\begin{aligned} & .79 \\ & .76 \\ & .68 \\ & .68 \end{aligned}$ |
| $\underline{\text { Factor 20: Advice and Counseling (Cronbach's alpha = .67) }}$ |  |
| Variable (all items are from Question \#18 on the 2005 YFCY Survey) | Factor <br> Loading |
| Frequency: Received advice and guidance about your educational program from a professor | . 72 |
| Frequency: Received emotional support and encouragement from a professor | . 68 |
| Frequency: Worked with an academic advisor to select your courses | . 68 |
| Frequency: Received advice/counseling from another first-year student | . 63 |
| Frequency: Received advice/counseling from a junior or senior | . 58 |
| Factor 21: Campus Racial Climate (Cronbach's alpha = .66) |  |
| Variable (all items are from Question \#15 on the 2005 YFCY Survey) | Factor Loading |
| Agreement: I have been singled out because of my race/ethnicity, gender, or sexual orientation | . 78 |
| Agreement: I have heard faculty express stereotypes about racial/ethnic groups in class | . 77 |
| Agreement: There is a lot of racial tension on this campus | . 76 |
| Factor 22: Race/Ethnic Composition of the Environment (Cronbach's alpha = .66) |  |
| Variable (all items are from Question \#9 on the 2005 YFCY Survey) | Factor <br> Loading |
| Racial/ethnic composition of: Your informal study groups | . 79 |
| Racial/ethnic composition of: Clubs/organizations to which you belong | . 79 |
| Racial/ethnic composition of: Friends you socialize with in college | . 77 |


| Variable (all items are from Question \#15 on the 2005 YFCY Survey) | Factor <br> Loading |
| :---: | :---: |
| Agreement: Faculty here are interested in students' academic problems | . 77 |
| Agreement: Faculty here are interested in students' personal problems | . 73 |
| Agreement: Faculty feel that most students here are well-prepared academically | . 66 |
| Agreement: The admissions/recruitment materials I received accurately portrayed the campus | . 61 |
| Factor 24: Technology Related Leisure Activities (Cronbach's alpha = .64) |  |
| Variable (all items are from Question \#21 on the 2005 YFCY Survey) | Factor <br> Loading |
| Hours per week: Surfing the Internet | . 84 |
| Hours per week: Communicating via e-mail, Instant Messenger, etc. | . 77 |
| Hours per week: Playing video/computer games | . 58 |
| Hours per week: Watching TV | . 55 |
| Factor 25: External Commitments (Cronbach's alpha = .64) |  |
| Variable (all items are from Question \#21 on the 2005 YFCY Survey) | Factor Loading |
| Hours per week: Commuting | . 83 |
| Hours per week: Household/childcare duties | . 78 |
| Hours per week: Working (for pay) off campus | . 73 |
| Factor 26: Physical Health and Athletic Involvement (Cronbach's alpha = . 59) |  |
| Variable | Factor <br> Loading |
| Hours per week: Exercising or sports (question \#21) | . 77 |
| Self-rating: Physical health (question \#11) | . 68 |
| Participation: Played varsity/intercollegiate athletics (question \#17) | . 66 |
| Frequency: Participated in intramural sports (question \#18) | . 58 |
| Frequency: Maintained a healthy diet (question \#12) | . 53 |


| Variable (all items are from Question \#14 on the 2005 YFCY Survey) | Factor <br> Loading |
| :--- | :---: |
| Frequency: That your family responsibilities interfered with your schoolwork | .81 |
| Frequency: That your job responsibilities interfered with your schoolwork | .78 |
| Frequency: That your social life interfered with your schoolwork | .63 |
|  |  |
| Factor 28: Political Engagement (Cronbach's alpha = .55) | Factor |
| Variable | Loading |
|  |  |
| Goal: Influencing the political structure (question \#13) | .79 |
| Frequency: Discussed politics (question \#12) | .73 |
| Frequency: Worked on a local, state, or national political campaign (question \#12) | .68 |

## Appendix C:

## 2005 YFCY Institutional Profile - All Respondents




[^0]| First-time Full-time | All Institutions |  |  |
| :---: | :---: | :---: | :---: |
|  | Men | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| Is English your native language? |  |  |  |
| Yes | 92.1 | 92.0 | 92.0 |
| No | 7.9 | 8.0 | 8.0 |
| HOW WOULD YOU DESCRIBE THE RACIALIETHNIC COMPOSITION OF THE FOLLOWING GROUPS? |  |  |  |
| High school you last attended |  |  |  |
| Not applicable | 1.5 | 1.0 | 1.2 |
| All or nearly all racial/ethnic minorities | 5.5 | 7.0 | 6.4 |
| Mostly racial/ethnic minorities | 6.9 | 8.0 | 7.6 |
| Half white and half racial/ethnic minorities | 21.9 | 23.1 | 22.7 |
| Mostly white | 34.3 | 31.9 | 32.8 |
| All or nearly all white | 29.8 | 29.0 | 29.3 |
| Neighborhood where you grew up |  |  |  |
| Not applicable | 2.1 | 1.7 | 1.9 |
| All or nearly all racial/ethnic minorities | 6.7 | 7.5 | 7.2 |
| Mostly racial/ethnic minorities | 6.4 | 6.7 | 6.6 |
| Half white and half racial/ethnic minorities | 12.0 | 12.4 | 12.2 |
| Mostly white | 33.1 | 31.2 | 31.9 |
| All or nearly all white | 39.6 | 40.5 | 40.1 |
| Friends you socialize with in college |  |  |  |
| Not applicable | 1.3 | 0.9 | 1.0 |
| All or nearly all racial/ethnic minorities | 5.1 | 6.3 | 5.9 |
| Mostly racial/ethnic minorities | 6.7 | 8.6 | 7.9 |
| Half white and half racial/ethnic minorities | 26.1 | 26.5 | 26.4 |
| Mostly white | 41.7 | 38.5 | 39.7 |
| All or nearly all white | 19.0 | 19.2 | 19.1 |
| Your informal study groups |  |  |  |
| Not applicable | 28.1 | 27.5 | 27.7 |
| All or nearly all racial/ethnic minorities | 3.8 | 4.3 | 4.1 |
| Mostly racial/ethnic minorities | 4.5 | 5.4 | 5.1 |
| Half white and half racial/ethnic minorities | 17.5 | 18.3 | 18.0 |
| Mostly white | 28.4 | 27.8 | 28.0 |
| All or nearly all white | 17.7 | 16.6 | 17.0 |
| HOW WOULD YOU DESCRIBE THE RACIALIETHNIC COMPOSITION OF THE FOLLOWING GROUPS? |  |  |  |
| Clubs/organizations to which you belong |  |  |  |
| Not applicable | 26.1 | 26.8 | 26.5 |
| All or nearly all racial/ethnic minorities | 5.0 | 5.4 | 5.3 |
| Mostly racial/ethnic minorities | 4.6 | 5.3 | 5.0 |
| Half white and half racial/ethnic minorities | 18.8 | 20.1 | 19.6 |
| Mostly white | 30.1 | 28.6 | 29.2 |
| All or nearly all white | 15.5 | 13.7 | 14.4 |
| Place of work |  |  |  |
| Not applicable | 33.6 | 34.7 | 34.3 |
| All or nearly all racial/ethnic minorities | 3.8 | 3.9 | 3.8 |
| Mostly racial/ethnic minorities | 5.3 | 5.1 | 5.2 |
| Half white and half racial/ethnic minorities | 17.7 | 17.4 | 17.5 |
| Mostly white | 22.0 | 21.3 | 21.5 |
| All or nearly all white | 17.7 | 17.7 | 17.7 |
| SINCE ENTERING THIS COLLEGE, HOW SUCCESSFUL HAVE YOU FELT AT: |  |  |  |
| Understanding what your professors expect of you academically |  |  |  |
| Unsuccessful | 3.6 | 2.2 | 2.8 |
| Somewhat successful | 54.6 | 55.5 | 55.1 |
| Completely successful | 41.8 | 42.3 | 42.1 |
| Developing effective study skills |  |  |  |
| Unsuccessful | 12.8 | 9.5 | 10.7 |
| Somewhat successful | 59.7 | 61.3 | 60.7 |
| Completely successful | 27.5 | 29.2 | 28.6 |


| First-time Full-time | All Institutions |  |  |
| :---: | :---: | :---: | :---: |
|  | Men | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| SINCE ENTERING THIS COLLEGE, HOW SUCCESSFUL HAVE YOU FELT AT: |  |  |  |
| Adjusting to the academic demands of college |  |  |  |
| Unsuccessful | 6.8 | 5.3 | 5.9 |
| Somewhat successful | 53.1 | 54.0 | 53.6 |
| Completely successful | 40.1 | 40.8 | 40.5 |
| Managing your time effectively |  |  |  |
| Unsuccessful | 17.0 | 13.7 | 14.9 |
| Somewhat successful | 55.9 | 59.1 | 57.9 |
| Completely successful | 27.1 | 27.2 | 27.2 |
| Getting to know faculty |  |  |  |
| Unsuccessful | 20.5 | 21.9 | 21.3 |
| Somewhat successful | 55.4 | 58.5 | 57.4 |
| Completely successful | 24.1 | 19.6 | 21.3 |
| Developing close friendships with other students |  |  |  |
| Unsuccessful | 6.5 | 6.6 | 6.5 |
| Somewhat successful | 36.3 | 32.5 | 33.9 |
| Completely successful | 57.2 | 60.9 | 59.6 |
| Ütilizing campus services available to students |  |  |  |
| Unsuccessful | 10.4 | 8.2 | 9.0 |
| Somewhat successful | 59.4 | 59.5 | 59.5 |
| Completely successful | 30.2 | 32.2 | 31.5 |
| Students rating themselves "above average" or "highest 10\%" compared with the average person their age in: |  |  |  |
| Academic ability | 69.7 | 64.6 | 66.5 |
| Artistic ability | 33.8 | 31.7 | 32.5 |
| Compassion | 63.9 | 74.6 | 70.6 |
| Computer skills | 54.4 | 34.4 | 41.9 |
| Cooperativeness | 70.9 | 72.9 | 72.1 |
| Creativity | 60.7 | 57.3 | 58.5 |
| Drive to achieve | 66.6 | 72.3 | 70.2 |
| Emotional health | 59.7 | 49.8 | 53.5 |
| Forgiveness | 60.4 | 58.4 | 59.1 |
| Generosity | 66.6 | 69.0 | 68.1 |
| Leadership ability | 65.9 | 58.3 | 61.1 |
| Mathematical ability | 53.2 | 38.5 | 44.0 |
| Physical health | 61.9 | 44.3 | 50.9 |
| Public speaking ability | 45.5 | 35.8 | 39.4 |
| Religiousness | 32.7 | 33.8 | 33.4 |
| Risk-taking | 49.8 | 35.3 | 40.7 |
| Self-confidence (intellectual) | 67.4 | 53.3 | 58.5 |
| Self-confidence (social) | 54.3 | 46.8 | 49.6 |
| Self-understanding | 60.9 | 54.2 | 56.7 |
| Spirituality | 40.9 | 41.2 | 41.1 |
| Understanding of others | 62.5 | 67.4 | 65.6 |
| Writing ability | 52.7 | 53.7 | 53.3 |
| Ability to work as part of a team | 69.4 | 66.4 | 67.5 |
| Critical thinking skills | 66.0 | 52.0 | 57.2 |
| Analytical/problem-solving skills | 65.2 | 48.2 | 54.5 |


| First-time Full-time | All Institutions |  |  |
| :---: | :---: | :---: | :---: |
|  | Men | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| Since entering this college, how often have you: |  |  |  |
| Attended a religious service | 50.6 | 57.2 | 54.7 |
| Felt bored in class [3] | 44.7 | 42.8 | 43.5 |
| Participated in organized demonstrations | 41.6 | 41.6 | 41.6 |
| Studied with other students | 86.2 | 89.3 | 88.1 |
| Smoked cigarettes [3] | 9.6 | 7.4 | 8.2 |
| Drank beer | 63.3 | 51.5 | 55.9 |
| Drank wine or liquor | 64.3 | 63.0 | 63.5 |
| Felt overwhelmed by all you had to do [3] | 29.1 | 45.5 | 39.4 |
| Felt depressed [3] | 10.9 | 14.4 | 13.1 |
| Performed volunteer work | 53.1 | 63.2 | 59.4 |
| Discussed politics [3] | 23.0 | 18.1 | 19.9 |
| Socialized with someone of another racial/ethnic group [3] | 54.1 | 58.4 | 56.8 |
| Come late to class | 68.2 | 60.0 | 63.1 |
| Discussed religion/spirituality [3] | 19.6 | 22.9 | 21.7 |
| Used the Internet for research or homework [3] | 76.6 | 85.2 | 82.0 |
| Used the library for research or homework [3] | 29.9 | 35.8 | 33.6 |
| Worked on a local, state, or national political campaign | 16.7 | 11.4 | 13.4 |
| Maintained a healthy diet [3] | 28.9 | 25.7 | 26.9 |
| Missed school because of illness [3] | 4.1 | 4.9 | 4.6 |
| Objectives considered to be "very important" or "essential": |  |  |  |
| Becoming accomplished in one of the performing arts (acting, dancing, etc.) | 21.6 | 22.5 | 22.1 |
| Becoming an authority in my field | 67.1 | 64.9 | 65.7 |
| Obtaining recognition from my colleagues for contributions to my special field | 59.7 | 58.8 | 59.1 |
| Influencing the political structure | 26.2 | 19.2 | 21.8 |
| Influencing social values | 46.1 | 51.8 | 49.7 |
| Raising a family | 75.2 | 77.9 | 76.9 |
| Having administrative responsibility for the work of others | 46.5 | 41.4 | 43.3 |
| Being very well off financially | 71.6 | 68.7 | 69.8 |
| Helping others who are in difficulty | 66.8 | 78.7 | 74.3 |
| Making a theoretical contribution to science | 24.1 | 17.5 | 20.0 |
| Writing original works (poems, novels, short stories, etc.) | 24.6 | 21.3 | 22.5 |
| Creating artistic work (painting, sculpture, decorating, etc.) | 23.1 | 24.3 | 23.8 |
| Becoming successful in a business of my own | 53.3 | 41.7 | 46.0 |
| Becoming involved in programs to clean up the environment | 28.8 | 26.8 | 27.5 |
| Developing a meaningful philosophy of life | 56.0 | 50.3 | 52.4 |
| Participating in a community action program | 28.3 | 35.1 | 32.6 |
| Helping to promote racial understanding | 40.6 | 45.9 | 43.9 |
| Keeping up to date with political affairs | 44.5 | 38.3 | 40.6 |
| Becoming a community leader | 38.5 | 35.4 | 36.5 |
| Integrating spirituality into my life | 45.4 | 51.8 | 49.4 |
| Working to find a cure for a health problem | 28.0 | 29.9 | 29.2 |
| Improving my understanding of other countries and cultures | 48.8 | 56.6 | 53.7 |
| Reading a newspaper to be informed of national and global issues | 52.2 | 51.4 | 51.7 |
| Improving the health of minority communities | 34.3 | 39.6 | 37.6 |
| Since entering this college, how often have you felt: [4] |  |  |  |
| Lonely or homesick | 38.3 | 55.0 | 48.8 |
| Worried about meeting new people | 35.2 | 45.8 | 41.9 |
| Isolated from campus life | 32.9 | 36.5 | 35.2 |
| Unsafe on this campus | 9.4 | 12.7 | 11.4 |
| Worried about your health | 20.5 | 32.6 | 28.1 |
| Intimidated by your professors | 22.6 | 31.9 | 28.4 |
| That your courses inspired you to think in new ways | 69.5 | 76.9 | 74.2 |
| That your job responsibilities interfered with your schoolwork | 23.2 | 26.1 | 25.0 |
| That your family responsibilities interfered with your schoolwork | 18.7 | 22.3 | 20.9 |
| That your social life interfered with your schoolwork | 47.8 | 47.2 | 47.5 |
| Concerned about life after college | 65.3 | 74.6 | 71.2 |
| Family support to succeed | 73.3 | 81.8 | 78.6 |

[3] Percentage marking "Frequently" only. All other results in this section represent the percentage marking "Frequently " or "Occasionally".
[4] Percentage marking "Frequently" or "Occasionally".

| First-time Full-time | All Institutions |  |  |
| :---: | :---: | :---: | :---: |
|  | Men | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| Students indicating they "agree" or "strongly agree" with the following: |  |  |  |
| I have been singled out because of my race/ethnicity, gender, or sexual orientation | 14.1 | 11.8 | 12.7 |
| I see myself as part of the campus community | 76.4 | 81.2 | 79.4 |
| I have heard faculty express stereotypes about racial/ethnic groups in class | 20.3 | 17.3 | 18.4 |
| The admission/recruitment materials I received accurately portrayed the campus | 70.3 | 75.1 | 73.3 |
| I feel I am a member of this college | 86.2 | 89.7 | 88.4 |
| Faculty here are interested in students' personal problems | 57.2 | 58.8 | 58.2 |
| There is a lot of racial tension on this campus | 15.7 | 12.7 | 13.8 |
| Most students here are treated like "numbers in a book" | 29.5 | 20.8 | 24.0 |
| There is strong competition among most of the students for high grades | 50.9 | 49.0 | 49.7 |
| Faculty here are interested in students' academic problems | 76.5 | 82.0 | 80.0 |
| I feel I have a sense of belonging to this college | 78.2 | 82.6 | 80.9 |
| Faculty feel that most students here are well-prepared academically | 74.3 | 78.5 | 77.0 |
| Students indicating they "very often" or "often" experienced the following with students from a racial/ethnic group other than their own. |  |  |  |
| Dined or shared a meal | 48.8 | 48.1 | 48.4 |
| Had meaningful and honest discussions about race/ethnic relations outside of class | 29.5 | 30.1 | 29.9 |
| Had guarded, cautious interactions | 12.2 | 8.4 | 9.8 |
| Shared personal feelings and problems | 30.6 | 42.5 | 38.1 |
| Had tense, somewhat hostile interactions | 9.5 | 5.3 | 6.8 |
| Had intellectual discussions outside of class | 34.9 | 37.5 | 36.5 |
| Felt insulted or threatened because of race/ethnicity | 8.0 | 4.1 | 5.5 |
| Studied or prepared for class | 33.0 | 36.9 | 35.5 |
| Socialized or partied | 47.1 | 48.8 | 48.2 |
| Attended events sponsored by other racial/ethnic groups | 18.8 | 19.7 | 19.4 |
| Since entering this college have you: |  |  |  |
| Changed your career choice | 25.8 | 31.2 | 29.2 |
| Decided to pursue a different major | 26.6 | 31.8 | 29.9 |
| Declared your major | 47.4 | 48.1 | 47.8 |
| Joined a social fraternity or sorority | 9.1 | 9.5 | 9.3 |
| Enrolled in an honors course | 11.7 | 12.7 | 12.3 |
| Played varsity/intercollegiate athletics | 20.5 | 14.0 | 16.4 |
| Enrolled in a remedial/developmental course | 4.3 | 4.6 | 4.5 |
| Transferred from another institution | 2.9 | 2.2 | 2.5 |
| Enrolled in a formal program where a group of students takes two or more courses together (e.g., FIG, learning cluster, learning community, linked courses) | 7.0 | 8.2 | 7.7 |
| Taken a college course or seminar specifically designed to help first-year students adjust to college (e.g., freshman seminar, student success seminar, University 101) | 35.0 | 44.1 | 40.7 |
| Voted in the 2004 presidential election | 56.4 | 63.9 | 61.1 |
| Participated in a health science research program sponsored by this college | 6.0 | 8.1 | 7.3 |
| Intended to major in a Health, Biomedical, or Behavioral Science | 11.5 | 21.0 | 17.4 |
| Joined a pre-professional or departmental club | 12.5 | 15.9 | 14.6 |
| Participated in an academic enrichment/support program for racial/ethnic minority students | 5.8 | 7.3 | 6.7 |
| Students indicating that since entering college, they: |  |  |  |
| Turned in course assignment(s) late | 20.5 | 12.8 | 15.7 |
| Spoke up in class [3] | 27.1 | 28.1 | 27.7 |
| Discussed course content with students outside of class [3] | 32.1 | 39.7 | 36.9 |
| Skipped class | 35.0 | 31.3 | 32.7 |
| Received tutoring | 21.0 | 23.8 | 22.7 |
| Worked on a professor's research project | 24.7 | 18.5 | 20.8 |
| Turned in course assignments that did not reflect your best work | 47.8 | 39.4 | 42.5 |
| Participated in intramural sports | 39.6 | 20.2 | 27.4 |
| Had difficulty getting along with your roommate(s)/housemate(s) | 29.0 | 31.3 | 30.5 |
| Sought personal counseling | 10.1 | 9.1 | 9.5 |
| Went on a date | 44.0 | 45.1 | 44.7 |
| Received negative feedback about your academic work | 31.0 | 24.0 | 26.6 |
| Received advice and guidance about your educational program from a professor | 41.8 | 42.2 | 42.0 |
| Received emotional support and encouragement from a professor | 29.6 | 31.4 | 30.8 |
| Read a newspaper | 60.3 | 55.9 | 57.5 |
| Witnessed academic dishonesty/cheating | 34.7 | 26.9 | 29.8 |

[^1]| First-time Full-time | All Institutions |  |  |
| :---: | :---: | :---: | :---: |
|  | Men | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| Students indicating that since entering college, they: |  |  |  |
| Went home for the weekend | 52.1 | 57.0 | 55.2 |
| Worked with an academic advisor to select your courses | 50.4 | 55.9 | 53.9 |
| Received advice/counseling from a junior or senior | 38.7 | 38.7 | 38.7 |
| Received advice/counseling from another first-year student | 40.9 | 46.7 | 44.5 |
| Fell asleep in class | 30.5 | 20.1 | 24.0 |
| Had difficulty getting into the courses you needed | 41.5 | 42.6 | 42.2 |
| Read newspaper articles as part of a class | 32.4 | 33.6 | 33.1 |
| Students noting "much stronger" skills compared with college entry in: |  |  |  |
| General knowledge | 16.5 | 15.9 | 16.1 |
| Knowledge of a particular field or discipline | 26.5 | 25.1 | 25.6 |
| Knowledge of people from different races/cultures | 10.8 | 11.9 | 11.5 |
| Religious beliefs and convictions | 8.3 | 8.8 | 8.6 |
| Ability to get along with others | 11.4 | 12.3 | 11.9 |
| Understanding of the problems facing your community | 7.8 | 7.8 | 7.8 |
| Understanding of national issues | 9.8 | 8.5 | 9.0 |
| Understanding of global issues | 10.7 | 9.4 | 9.9 |
| Ability to make your own decisions | 21.7 | 25.2 | 23.9 |
| Ability to conduct research | 12.5 | 10.4 | 11.2 |
| How would you characterize your political views? |  |  |  |
| Far left | 6.0 | 4.5 | 5.1 |
| Liberal | 27.4 | 34.6 | 31.9 |
| Middle-of-the-road | 39.4 | 38.1 | 38.6 |
| Conservative | 24.0 | 21.3 | 22.3 |
| Far right | 3.3 | 1.4 | 2.1 |
| SINCE ENTERING THIS COLLEGE, HOW MUCH TIME HAVE YOU SPENT DURING A TYPICAL WEEK: |  |  |  |
| Attending classes/labs |  |  |  |
| None | 1.6 | 0.8 | 1.1 |
| Less than 1 hour | 0.9 | 0.3 | 0.5 |
| 1 to 2 hours | 2.9 | 1.8 | 2.2 |
| 3 to 5 hours | 6.2 | 4.8 | 5.3 |
| 6 to 10 hours | 13.3 | 12.2 | 12.6 |
| 11 to 15 hours | 31.5 | 33.0 | 32.5 |
| 16 to 20 hours | 29.3 | 33.1 | 31.7 |
| 21 to 30 hours | 11.0 | 11.0 | 11.0 |
| Over 30 hours | 3.3 | 2.9 | 3.1 |
| Studying/homework |  |  |  |
| None | 1.0 | 0.2 | 0.5 |
| Less than 1 hour | 2.9 | 1.0 | 1.7 |
| 1 to 2 hours | 13.2 | 6.9 | 9.2 |
| 3 to 5 hours | 29.7 | 26.3 | 27.6 |
| 6 to 10 hours | 27.2 | 32.9 | 30.8 |
| 11 to 15 hours | 12.6 | 15.9 | 14.7 |
| 16 to 20 hours | 6.9 | 9.3 | 8.4 |
| 21 to 30 hours | 3.7 | 5.0 | 4.5 |
| Over 30 hours | 2.7 | 2.6 | 2.6 |
| Socializing with friends |  |  |  |
| None | 1.2 | 0.5 | 0.7 |
| Less than 1 hour | 1.5 | 1.2 | 1.3 |
| 1 to 2 hours | 4.8 | 4.9 | 4.9 |
| 3 to 5 hours | 14.2 | 15.9 | 15.3 |
| 6 to 10 hours | 23.3 | 25.8 | 24.8 |
| 11 to 15 hours | 17.8 | 17.5 | 17.6 |
| 16 to 20 hours | 13.4 | 12.2 | 12.7 |
| 21 to 30 hours | 9.0 | 8.8 | 8.9 |
| Over 30 hours | 14.9 | 13.2 | 13.8 |


| First-time Full-time | All Institutions |  |  |
| :---: | :---: | :---: | :---: |
|  | Men | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| SINCE ENTERING THIS COLLEGE, HOW MUCH TIME HAVE YOU SPENT DURING A TYPICAL WEEK: |  |  |  |
| Exercising or sports |  |  |  |
| None | 6.3 | 9.2 | 8.1 |
| Less than 1 hour | 8.9 | 13.2 | 11.6 |
| 1 to 2 hours | 17.1 | 21.8 | 20.1 |
| 3 to 5 hours | 26.0 | 28.0 | 27.3 |
| 6 to 10 hours | 20.6 | 16.6 | 18.1 |
| 11 to 15 hours | 9.6 | 5.8 | 7.2 |
| 16 to 20 hours | 5.6 | 2.9 | 3.9 |
| 21 to 30 hours | 3.0 | 1.4 | 2.0 |
| Over 30 hours | 3.0 | 1.0 | 1.7 |
| Partying |  |  |  |
| None | 20.0 | 25.5 | 23.4 |
| Less than 1 hour | 11.4 | 12.1 | 11.9 |
| 1 to 2 hours | 15.7 | 16.2 | 16.0 |
| 3 to 5 hours | 21.6 | 23.0 | 22.5 |
| 6 to 10 hours | 16.5 | 14.4 | 15.2 |
| 11 to 15 hours | 6.7 | 4.6 | 5.4 |
| 16 to 20 hours | 3.5 | 2.1 | 2.6 |
| 21 to 30 hours | 1.8 | 1.0 | 1.3 |
| Over 30 hours | 2.7 | 1.0 | 1.7 |
| Working (for pay) on campus |  |  |  |
| None | 72.8 | 71.5 | 72.0 |
| Less than 1 hour | 1.5 | 1.0 | 1.2 |
| 1 to 2 hours | 2.7 | 1.7 | 2.1 |
| 3 to 5 hours | 4.7 | 4.9 | 4.8 |
| 6 to 10 hours | 9.0 | 11.5 | 10.6 |
| 11 to 15 hours | 5.0 | 6.0 | 5.6 |
| 16 to 20 hours | 2.5 | 2.3 | 2.4 |
| 21 to 30 hours | 1.0 | 0.6 | 0.7 |
| Over 30 hours | 0.8 | 0.4 | 0.6 |
| Working (for pay) off campus |  |  |  |
| None | 71.7 | 73.1 | 72.6 |
| Less than 1 hour | 1.8 | 1.2 | 1.4 |
| 1 to 2 hours | 2.9 | 1.8 | 2.2 |
| 3 to 5 hours | 4.0 | 3.4 | 3.6 |
| 6 to 10 hours | 5.0 | 5.4 | 5.2 |
| 11 to 15 hours | 3.7 | 4.4 | 4.1 |
| 16 to 20 hours | 3.9 | 4.7 | 4.4 |
| 21 to 30 hours | 3.9 | 3.9 | 3.9 |
| Over 30 hours | 3.1 | 2.2 | 2.6 |
| Student clubs and groups |  |  |  |
| None | 48.0 | 43.5 | 45.2 |
| Less than 1 hour | 10.5 | 12.0 | 11.4 |
| 1 to 2 hours | 16.4 | 19.9 | 18.6 |
| 3 to 5 hours | 13.5 | 15.7 | 14.9 |
| 6 to 10 hours | 6.5 | 5.6 | 5.9 |
| 11 to 15 hours | 2.2 | 1.8 | 2.0 |
| 16 to 20 hours | 1.2 | 0.7 | 0.9 |
| 21 to 30 hours | 0.6 | 0.3 | 0.4 |
| Over 30 hours | 1.1 | 0.5 | 0.7 |


| First-time Full-time | All Institutions |  |  |
| :---: | :---: | :---: | :---: |
|  | Men | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| SINCE ENTERING THIS COLLEGE, HOW MUCH TIME HAVE YOU SPENT DURING A TYPICAL WEEK: |  |  |  |
| Watching TV |  |  |  |
| None | 11.2 | 11.4 | 11.3 |
| Less than 1 hour | 14.5 | 16.3 | 15.6 |
| 1 to 2 hours | 22.1 | 24.8 | 23.8 |
| 3 to 5 hours | 23.3 | 25.7 | 24.8 |
| 6 to 10 hours | 15.2 | 13.2 | 13.9 |
| 11 to 15 hours | 6.4 | 4.5 | 5.2 |
| 16 to 20 hours | 3.5 | 2.0 | 2.6 |
| 21 to 30 hours | 1.5 | 0.9 | 1.1 |
| Over 30 hours | 2.4 | 1.1 | 1.6 |
| Householdulchildcare duties |  |  |  |
| None | 66.1 | 57.3 | 60.5 |
| Less than 1 hour | 11.3 | 16.0 | 14.3 |
| 1 to 2 hours | 11.5 | 15.4 | 14.0 |
| 3 to 5 hours | 5.6 | 7.1 | 6.5 |
| 6 to 10 hours | 2.7 | 2.2 | 2.3 |
| 11 to 15 hours | 1.1 | 0.8 | 0.9 |
| 16 to 20 hours | 0.6 | 0.3 | 0.4 |
| 21 to 30 hours | 0.4 | 0.3 | 0.3 |
| Over 30 hours | 0.7 | 0.7 | 0.7 |
| Reading for pleasure |  |  |  |
| None | 41.8 | 38.4 | 39.7 |
| Less than 1 hour | 21.2 | 26.9 | 24.8 |
| 1 to 2 hours | 19.2 | 20.0 | 19.7 |
| 3 to 5 hours | 10.0 | 9.6 | 9.8 |
| 6 to 10 hours | 4.2 | 3.1 | 3.5 |
| 11 to 15 hours | 1.6 | 0.9 | 1.2 |
| 16 to 20 hours | 0.8 | 0.5 | 0.6 |
| 21 to 30 hours | 0.3 | 0.2 | 0.3 |
| Over 30 hours | 0.7 | 0.3 | 0.5 |
| Commuting |  |  |  |
| None | 56.5 | 63.2 | 60.7 |
| Less than 1 hour | 12.0 | 10.4 | 11.0 |
| 1 to 2 hours | 12.9 | 10.5 | 11.4 |
| 3 to 5 hours | 9.3 | 8.5 | 8.8 |
| 6 to 10 hours | 5.0 | 4.4 | 4.7 |
| 11 to 15 hours | 1.9 | 1.4 | 1.6 |
| 16 to 20 hours | 0.9 | 0.6 | 0.7 |
| 21 to 30 hours | 0.4 | 0.3 | 0.3 |
| Over 30 hours | 1.1 | 0.7 | 0.9 |
| Playing videolcomputer games |  |  |  |
| None | 24.2 | 67.4 | 51.4 |
| Less than 1 hour | 17.2 | 15.6 | 16.2 |
| 1 to 2 hours | 20.7 | 9.6 | 13.7 |
| 3 to 5 hours | 17.8 | 4.7 | 9.5 |
| 6 to 10 hours | 10.2 | 1.6 | 4.8 |
| 11 to 15 hours | 4.3 | 0.5 | 1.9 |
| 16 to 20 hours | 2.5 | 0.3 | 1.1 |
| 21 to 30 hours | 1.2 | 0.1 | 0.5 |
| Over 30 hours | 2.0 | 0.2 | 0.9 |


| First-time Full-time | All Institutions |  |  |
| :---: | :---: | :---: | :---: |
|  | Men | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| SINCE ENTERING THIS COLLEGE, HOW MUCH TIME HAVE YOU SPENT DURING A TYPICAL WEEK: |  |  |  |
| Prayer/meditation |  |  |  |
| None | 47.3 | 44.8 | 45.8 |
| Less than 1 hour | 25.1 | 28.4 | 27.2 |
| 1 to 2 hours | 15.2 | 16.6 | 16.1 |
| 3 to 5 hours | 6.2 | 6.3 | 6.3 |
| 6 to 10 hours | 3.1 | 2.2 | 2.5 |
| 11 to 15 hours | 1.1 | 0.6 | 0.8 |
| 16 to 20 hours | 0.6 | 0.4 | 0.5 |
| 21 to 30 hours | 0.4 | 0.2 | 0.3 |
| Over 30 hours | 0.9 | 0.4 | 0.6 |
| Surfing the Internet |  |  |  |
| None | 4.1 | 6.2 | 5.4 |
| Less than 1 hour | 10.4 | 15.9 | 13.8 |
| 1 to 2 hours | 22.5 | 26.8 | 25.2 |
| 3 to 5 hours | 27.7 | 26.5 | 27.0 |
| 6 to 10 hours | 17.6 | 13.8 | 15.2 |
| 11 to 15 hours | 8.0 | 5.0 | 6.1 |
| 16 to 20 hours | 4.1 | 2.6 | 3.2 |
| 21 to 30 hours | 2.0 | 1.4 | 1.6 |
| Over 30 hours | 3.7 | 1.9 | 2.5 |
| Communicating via e-mail, Instant Messenger, etc. |  |  |  |
| None | 5.4 | 3.4 | 4.2 |
| Less than 1 hour | 13.3 | 11.4 | 12.1 |
| 1 to 2 hours | 22.3 | 21.8 | 22.0 |
| 3 to 5 hours | 24.5 | 26.6 | 25.8 |
| 6 to 10 hours | 15.4 | 17.8 | 16.9 |
| 11 to 15 hours | 7.9 | 7.9 | 7.9 |
| 16 to 20 hours | 4.0 | 4.3 | 4.2 |
| 21 to 30 hours | 2.4 | 2.5 | 2.5 |
| Over 30 hours | 4.8 | 4.2 | 4.4 |
| What is your current grade average (as of your most recently completed academic term)? |  |  |  |
| A (3.75-4.0) | 14.9 | 18.8 | 17.4 |
| A-, B+ (3.25-3.74) | 30.0 | 35.8 | 33.6 |
| B (2.75-3.24) | 28.9 | 26.7 | 27.5 |
| B-, C+ (2.25-2.74) | 14.8 | 11.4 | 12.7 |
| C (1.75-2.24) | 7.5 | 5.0 | 6.0 |
| C- or less (below 1.75) | 3.5 | 1.9 | 2.5 |
| I do not receive grades in my courses | 0.5 | 0.3 | 0.4 |
| Students noting they are "satisfied" or "very satisfied" with: |  |  |  |
| Amount of contact with faculty | 60.8 | 62.1 | 61.7 |
| Opportunities for community service | 45.8 | 52.2 | 49.8 |
| Relevance of coursework to everyday life | 49.7 | 51.9 | 51.1 |
| Relevance of coursework to future career plans | 62.1 | 63.0 | 62.7 |
| Overall quality of instruction | 69.7 | 73.0 | 71.8 |
| Campus social activities | 53.6 | 56.9 | 55.7 |
| Overall sense of community among students | 57.1 | 59.3 | 58.5 |
| Overall college experience | 69.4 | 73.4 | 72.0 |
| If you could make your college choice over, would you still choose to enroll at your current (or most recent) college? |  |  |  |
| Definitely yes | 38.6 | 43.0 | 41.4 |
| Probably I would | 37.1 | 35.5 | 36.1 |
| Don't know | 5.9 | 4.7 | 5.1 |
| Probably not | 12.2 | 11.7 | 11.9 |
| Definitely no | 6.2 | 5.1 | 5.5 |


| First-time Full-time | All Institutions |  |  |
| :--- | ---: | ---: | ---: |
|  | Mon | Women | Total |
| Number of Respondents | 14,433 | 24,105 | 38,538 |
| Do you have any concern about your ability to finance your college education? |  |  |  |
| None (I am confident that I will have sufficient funds) | 35.9 | 27.5 | 30.6 |
| Some (but I probably will have enough funds) | 48.7 | 53.6 | 51.8 |
| Major (not sure I will have enough funds to complete college) | 15.4 | 18.9 | 17.6 |
| What do you think you will be doing in Fall 2005 |  |  |  |
| Attending your current (or most recent) institution | 91.2 | 92.3 | 91.9 |
| Attending another institution | 7.5 | 7.3 | 7.4 |
| Not attending any institution | 1.3 | 0.5 | 0.8 |
| Do you give the Higher Education Research Institute at UCLA permission to include |  |  |  |
| your ID number should your college request the data for additional research analyses? | 45.1 | 46.6 |  |
| Yes | 54.9 | 53.4 | 46.0 |
| No | 54.0 |  |  |

## Appendix D:

2005 YFCY Longitudinal Profile - All Respondents

| All First-time Full-time | All Students |  |  | Men |  |  | Women |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2004 | 2005 | Change | 2004 | 2005 | Change | 2004 | 2005 | Change |
| Number of Respondents | 22,480 | 22,480 | --- | 7,841 | 7,841 | --- | 14,639 | 14,639 | --- |
| Students rating themselves "above average" or "highest 10\%" compared with the average person their age in: Academic ability | 76.6 | 68.6 | -8.0 | 79.7 | 72.7 | -7.0 | 74.9 | 66.4 | -8.5 |
| Artistic ability | 30.6 | 32.1 | 1.5 | 30.0 | 32.5 | 2.5 | 30.9 | 31.9 | 1.0 |
| Compassion | 70.2 | 72.2 | 2.0 | 62.9 | 65.4 | 2.5 | 74.2 | 75.8 | 1.6 |
| Computer skills | 34.2 | 40.9 | 6.7 | 49.8 | 54.9 | 5.1 | 26.0 | 33.5 | 7.5 |
| Cooperativeness | 70.4 | 73.4 | 3.0 | 70.2 | 72.7 | 2.5 | 70.5 | 73.7 | 3.2 |
| Creativity | 55.4 | 58.1 | 2.7 | 56.3 | 59.8 | 3.5 | 54.9 | 57.1 | 2.2 |
| Drive to achieve | 76.2 | 71.5 | -4.7 | 73.0 | 67.6 | -5.4 | 77.8 | 73.5 | -4.3 |
| Emotional health | 51.5 | 53.9 | 2.4 | 58.9 | 60.6 | 1.7 | 47.6 | 50.4 | 2.8 |
| Forgiveness | 56.6 | 59.9 | 3.3 | 59.4 | 61.9 | 2.5 | 55.1 | 58.8 | 3.7 |
| Generosity | 67.3 | 68.3 | 1.0 | 65.4 | 66.8 | 1.4 | 68.3 | 69.2 | 0.9 |
| Leadership ability | 60.5 | 61.1 | 0.6 | 64.6 | 66.4 | 1.8 | 58.3 | 58.3 | 0.0 |
| Mathematical ability | 48.2 | 45.1 | -3.1 | 59.7 | 55.4 | -4.3 | 42.1 | 39.6 | -2.5 |
| Physical health | 51.4 | 50.8 | -0.6 | 64.5 | 62.5 | -2.0 | 44.4 | 44.6 | 0.2 |
| Public speaking ability | 36.1 | 39.7 | 3.6 | 40.2 | 45.8 | 5.6 | 33.9 | 36.4 | 2.5 |
| Religiousness | 31.9 | 33.5 | 1.6 | 29.5 | 32.5 | 3.0 | 33.2 | 34.0 | 0.8 |
| Self-confidence (intellectual) | 59.2 | 58.5 | -0.7 | 68.7 | 68.5 | -0.2 | 54.1 | 53.2 | -0.9 |
| Self-confidence (social) | 46.8 | 48.3 | 1.5 | 50.4 | 52.6 | 2.2 | 45.0 | 46.0 | 1.0 |
| Self-understanding | 52.3 | 56.8 | 4.5 | 56.9 | 61.1 | 4.2 | 49.8 | 54.4 | 4.6 |
| Spirituality | 37.3 | 41.1 | 3.8 | 35.0 | 40.7 | 5.7 | 38.6 | 41.3 | 2.7 |
| Understanding of others | 65.2 | 66.5 | 1.3 | 61.1 | 63.2 | 2.1 | 67.4 | 68.3 | 0.9 |
| Writing ability | 50.8 | 54.1 | 3.3 | 48.4 | 53.8 | 5.4 | 52.1 | 54.3 | 2.2 |
| Since entering this college, how often have you: |  |  |  |  |  |  |  |  |  |
| Attended a religious service | 81.1 | 56.6 | -24.5 | 78.3 | 52.0 | -26.3 | 82.6 | 59.0 | -23.6 |
| Felt bored in class [1] | 40.3 | 42.1 | 1.8 | 42.1 | 43.3 | 1.2 | 39.3 | 41.4 | 2.1 |
| Participated in organized demonstrations | 45.0 | 38.8 | -6.2 | 43.9 | 37.2 | -6.7 | 45.6 | 39.7 | -5.9 |
| Studied with other students | 88.7 | 89.8 | 1.1 | 84.7 | 88.3 | 3.6 | 90.8 | 90.6 | -0.2 |
| Smoked cigarettes [1] | 4.1 | 6.6 | 2.5 | 3.8 | 7.0 | 3.2 | 4.2 | 6.4 | 2.2 |
| Drank beer | 41.6 | 54.4 | 12.8 | 47.5 | 61.3 | 13.8 | 38.4 | 50.8 | 12.4 |
| Drank wine or liquor | 50.4 | 62.0 | 11.6 | 50.1 | 61.8 | 11.7 | 50.5 | 62.1 | 11.6 |
| Felt overwhelmed by all you had to do [1] | 29.7 | 39.9 | 10.2 | 16.6 | 28.6 | 12.0 | 36.6 | 45.8 | 9.2 |
| Felt depressed [1] | 7.2 | 12.4 | 5.2 | 4.8 | 9.8 | 5.0 | 8.5 | 13.8 | 5.3 |
| Performed volunteer work | 87.3 | 61.5 | -25.8 | 83.5 | 54.5 | -29.0 | 89.3 | 65.3 | -24.0 |
| Discussed politics [1] | 28.3 | 20.8 | -7.5 | 32.2 | 24.3 | -7.9 | 26.2 | 19.0 | -7.2 |
| Socialized with someone of another racial/ethnic group [1] | 69.9 | 57.2 | -12.7 | 66.9 | 54.4 | -12.5 | 71.5 | 58.7 | -12.8 |
| Come late to class | 60.2 | 61.8 | 1.6 | 62.2 | 67.0 | 4.8 | 59.2 | 59.0 | -0.2 |
| Used the Internet for research or homework [1] | 80.9 | 82.5 | 1.6 | 76.2 | 77.7 | 1.5 | 83.4 | 85.0 | 1.6 |
| Worked on a local, state, or national political campaign | 9.6 | 13.0 | 3.4 | 10.7 | 15.6 | 4.9 | 9.0 | 11.6 | 2.6 |
| Maintained a healthy diet [1] | 38.9 | 27.5 | -11.4 | 41.0 | 29.7 | -11.3 | 37.7 | 26.4 | -11.3 |
| Missed school because of illness [1] | 4.6 | 3.9 | -0.7 | 2.6 | 3.2 | 0.6 | 5.6 | 4.3 | -1.3 |

[^2]| All First-time Full-time | All Students |  |  | Men |  |  | Women |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2004 | 2005 | Change | 2004 | 2005 | Change | 2004 | 2005 | Change |
| Number of Respondents | 22,480 | 22,480 | --- | 7,841 | 7,841 | --- | 14,639 | 14,639 | --- |
| Objectives considered to be "very important" or "essential": <br> Becoming accomplished in one of the performing arts (acting, dancing, etc.) | 15.8 | 21.5 | 5.7 | 14.5 | 20.3 | 5.8 | 16.5 | 22.1 | 5.6 |
| Becoming an authority in my field | 58.8 | 65.4 | 6.6 | 61.4 | 67.1 | 5.7 | 57.5 | 64.5 | 7.0 |
| Obtaining recognition from my colleagues for contributions to my special field | 51.8 | 58.6 | 6.8 | 52.5 | 59.6 | 7.1 | 51.4 | 58.0 | 6.6 |
| Influencing the political structure | 19.4 | 21.5 | 2.1 | 22.1 | 25.5 | 3.4 | 18.0 | 19.4 | 1.4 |
| Influencing social values | 40.2 | 49.4 | 9.2 | 35.0 | 45.0 | 10.0 | 42.9 | 51.8 | 8.9 |
| Raising a family | 75.3 | 77.9 | 2.6 | 74.4 | 76.8 | 2.4 | 75.8 | 78.5 | 2.7 |
| Having administrative responsibility for the work of others | 36.1 | 42.1 | 6.0 | 39.8 | 45.8 | 6.0 | 34.1 | 40.1 | 6.0 |
| Being very well off financially | 70.0 | 67.9 | -2.1 | 73.8 | 70.3 | -3.5 | 68.0 | 66.5 | -1.5 |
| Helping others who are in difficulty | 65.3 | 75.0 | 9.7 | 56.3 | 67.5 | 11.2 | 70.1 | 79.0 | 8.9 |
| Making a theoretical contribution to science | 17.2 | 19.5 | 2.3 | 20.4 | 23.0 | 2.6 | 15.5 | 17.6 | 2.1 |
| Writing original works (poems, novels, short stories, etc.) | 15.4 | 21.2 | 5.8 | 16.0 | 22.6 | 6.6 | 15.1 | 20.5 | 5.4 |
| Creating artistic work (painting, sculpture, decorating, etc.) | 15.3 | 22.1 | 6.8 | 13.7 | 20.3 | 6.6 | 16.1 | 23.1 | 7.0 |
| Becoming successful in a business of my own | 38.5 | 42.5 | 4.0 | 45.5 | 49.8 | 4.3 | 34.8 | 38.6 | 3.8 |
| Becoming involved in programs to clean up the environment | 18.5 | 26.5 | 8.0 | 18.1 | 26.8 | 8.7 | 18.8 | 26.3 | 7.5 |
| Developing a meaningful philosophy of life | 45.4 | 52.6 | 7.2 | 44.9 | 56.8 | 11.9 | 45.7 | 50.4 | 4.7 |
| Participating in a community action program | 24.6 | 32.5 | 7.9 | 19.0 | 27.4 | 8.4 | 27.6 | 35.1 | 7.5 |
| Helping to promote racial understanding | 31.6 | 43.4 | 11.8 | 28.2 | 39.4 | 11.2 | 33.4 | 45.5 | 12.1 |
| Keeping up to date with political affairs | 37.3 | 41.6 | 4.3 | 40.6 | 45.7 | 5.1 | 35.5 | 39.5 | 4.0 |
| Becoming a community leader | 32.4 | 36.6 | 4.2 | 33.0 | 38.2 | 5.2 | 32.0 | 35.7 | 3.7 |
| Integrating spirituality into my life | 41.7 | 49.8 | 8.1 | 36.8 | 45.2 | 8.4 | 44.3 | 52.2 | 7.9 |
| Working to find a cure for a health problem | 24.7 | 27.7 | 3.0 | 22.5 | 26.0 | 3.5 | 25.8 | 28.7 | 2.9 |
| Improving my understanding of other countries and cultures | 48.3 | 54.4 | 6.1 | 41.0 | 48.7 | 7.7 | 52.3 | 57.4 | 5.1 |
| How would you characterize your political views? |  |  |  |  |  |  |  |  |  |
| Far left | 3.5 | 5.0 | 1.5 | 4.1 | 5.8 | 1.7 | 3.2 | 4.6 | 1.4 |
| Liberal | 30.7 | 32.9 | 2.2 | 27.3 | 28.6 | 1.3 | 32.4 | 35.2 | 2.8 |
| Middle-of-the-road | 43.5 | 37.9 | -5.6 | 42.9 | 38.9 | -4.0 | 43.8 | 37.3 | -6.5 |
| Conservative | 20.9 | 22.4 | 1.5 | 23.4 | 23.9 | 0.5 | 19.5 | 21.7 | 2.2 |
| Far right | 1.5 | 1.8 | 0.3 | 2.3 | 2.8 | 0.5 | 1.1 | 1.3 | 0.2 |


| All First-time Full-time | All Students |  |  | Men |  |  | Women |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2004 | 2005 | Change | 2004 | 2005 | Change | 2004 | 2005 | Change |
| Number of Respondents | 22,480 | 22,480 | --- | 7,841 | 7,841 | --- | 14,639 | 14,639 | --- |
| SINCE ENTERING THIS COLLEGE, HOW MUCH TIME HAVE YOU SPENT DURING A TYPICAL WEEK: |  |  |  |  |  |  |  |  |  |
| Studying/homework <br> None | 1.2 | 0.3 | -0.9 | 2.4 | 0.6 | -1.8 | 0.5 | 0.1 | -0.4 |
| Less than 1 hour | 8.4 | 1.1 | -7.3 | 12.5 | 2.0 | -10.5 | 6.1 | 0.7 | -5.4 |
| 1 to 2 hours | 17.4 | 7.3 | -10.1 | 21.2 | 11.0 | -10.2 | 15.5 | 5.3 | -10.2 |
| 3 to 5 hours | 28.0 | 26.3 | -1.7 | 27.1 | 28.7 | 1.6 | 28.5 | 25.0 | -3.5 |
| 6 to 10 hours | 22.4 | 32.1 | 9.7 | 19.4 | 28.9 | 9.5 | 23.9 | 33.8 | 9.9 |
| 11 to 15 hours | 12.0 | 16.0 | 4.0 | 9.4 | 14.1 | 4.7 | 13.4 | 17.0 | 3.6 |
| 16 to 20 hours | 6.2 | 9.1 | 2.9 | 4.6 | 7.5 | 2.9 | 7.0 | 10.0 | 3.0 |
| Over 20 hours | 4.5 | 7.8 | 3.3 | 3.4 | 7.1 | 3.7 | 5.1 | 8.1 | 3.0 |
| SINCE ENTERING THIS COLLEGE, HOW MUCH TIME HAVE YOU SPENT DURING A TYPICAL WEEK: |  |  |  |  |  |  |  |  |  |
| Socializing with friends |  |  |  |  |  |  |  |  |  |
| Less than 1 hour | 1.2 | 1.0 | -0.2 | 1.2 | 1.2 | 0.0 | 1.2 | 0.9 | -0.3 |
| 1 to 2 hours | 5.4 | 4.5 | -0.9 | 5.3 | 4.2 | -1.1 | 5.5 | 4.6 | -0.9 |
| 3 to 5 hours | 17.8 | 15.6 | -2.2 | 17.4 | 14.8 | -2.6 | 18.1 | 16.0 | -2.1 |
| 6 to 10 hours | 26.8 | 26.0 | -0.8 | 25.4 | 24.2 | -1.2 | 27.6 | 26.9 | -0.7 |
| 11 to 15 hours | 20.2 | 18.3 | -1.9 | 20.1 | 18.8 | -1.3 | 20.3 | 18.1 | -2.2 |
| 16 to 20 hours | 12.2 | 12.9 | 0.7 | 12.1 | 14.0 | 1.9 | 12.3 | 12.4 | 0.1 |
| Over 20 hours | 16.0 | 21.2 | 5.2 | 18.2 | 22.0 | 3.8 | 14.8 | 20.7 | 5.9 |
| Exercising or sports None | Exercising or sports |  |  |  |  |  |  |  | 2.7 |
| Less than 1 hour | 9.8 | 11.4 | 1.6 | 7.2 | 8.9 | 1.7 | 11.1 | 12.8 | 1.7 |
| 1 to 2 hours | 15.4 | 20.5 | 5.1 | 12.5 | 17.5 | 5.0 | 16.9 | 22.0 | 5.1 |
| 3 to 5 hours | 19.7 | 28.3 | 8.6 | 18.2 | 26.8 | 8.6 | 20.5 | 29.0 | 8.5 |
| 6 to 10 hours | 18.3 | 18.5 | 0.2 | 18.3 | 21.2 | 2.9 | 18.3 | 17.1 | -1.2 |
| 11 to 15 hours | 14.5 | 7.3 | -7.2 | 16.1 | 9.7 | -6.4 | 13.7 | 6.0 | -7.7 |
| 16 to 20 hours | 8.4 | 3.5 | -4.9 | 10.4 | 4.9 | -5.5 | 7.3 | 2.8 | -4.5 |
| Over 20 hours | 9.4 | 3.4 | -6.0 | 14.2 | 5.3 | -8.9 | 6.8 | 2.3 | -4.5 |
| Partying |  |  |  |  |  |  |  |  |  |
| None | 26.9 | 24.1 | -2.8 | 22.7 | 21.2 | -1.5 | 29.2 | 25.7 | -3.5 |
| Less than 1 hour | 16.4 | 12.4 | -4.0 | 16.4 | 12.1 | -4.3 | 16.5 | 12.6 | -3.9 |
| 1 to 2 hours | 18.5 | 16.3 | -2.2 | 19.0 | 16.4 | -2.6 | 18.3 | 16.3 | -2.0 |
| 3 to 5 hours | 19.4 | 23.1 | 3.7 | 19.9 | 22.5 | 2.6 | 19.2 | 23.4 | 4.2 |
| 6 to 10 hours | 10.9 | 14.9 | 4.0 | 11.6 | 15.8 | 4.2 | 10.5 | 14.4 | 3.9 |
| 11 to 15 hours | 4.5 | 4.9 | 0.4 | 5.7 | 6.2 | 0.5 | 3.9 | 4.1 | 0.2 |
| 16 to 20 hours | 1.8 | 2.2 | 0.4 | 2.4 | 2.8 | 0.4 | 1.5 | 1.9 | 0.4 |
| Over 20 hours | 1.4 | 2.1 | 0.7 | 2.3 | 3.0 | 0.7 | 0.9 | 1.6 | 0.7 |
| Student clubs and groups |  |  |  |  |  |  |  |  |  |
| None | 21.4 | 42.0 | 20.6 | 29.8 | 44.8 | 15.0 | 16.9 | 40.5 | 23.6 |
| Less than 1 hour | 14.2 | 11.7 | -2.5 | 15.4 | 10.7 | -4.7 | 13.6 | 12.2 | -1.4 |
| 1 to 2 hours | 27.5 | 20.0 | -7.5 | 25.0 | 17.8 | -7.2 | 28.9 | 21.1 | -7.8 |
| 3 to 5 hours | 20.3 | 16.3 | -4.0 | 16.2 | 14.8 | -1.4 | 22.5 | 17.0 | -5.5 |
| 6 to 10 hours | 9.1 | 6.3 | -2.8 | 7.3 | 7.3 | 0.0 | 10.1 | 5.8 | -4.3 |
| 11 to 15 hours | 3.7 | 2.0 | -1.7 | 3.3 | 2.1 | -1.2 | 4.0 | 2.0 | -2.0 |
| 16 to 20 hours | 1.7 | 0.8 | -0.9 | 1.2 | 1.0 | -0.2 | 2.0 | 0.7 | -1.3 |
| Over 20 hours | 1.9 | 0.9 | -1.0 | 1.8 | 1.4 | -0.4 | 2.0 | 0.7 | -1.3 |


| All First-time Full-time | All Students |  |  | Men |  |  | Women |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2004 | 2005 | Change | 2004 | 2005 | Change | 2004 | 2005 | Change |
| Number of Respondents | 22,480 | 22,480 | --- | 7,841 | 7,841 | --- | 14,639 | 14,639 | --- |
| Watching TV |  |  |  |  |  |  |  |  |  |
| None | 5.7 | 12.2 | 6.5 | 5.7 | 11.9 | 6.2 | 5.7 | 12.4 | 6.7 |
| Less than 1 hour | 14.3 | 16.4 | 2.1 | 11.9 | 15.4 | 3.5 | 15.6 | 16.9 | 1.3 |
| 1 to 2 hours | 23.2 | 24.1 | 0.9 | 20.1 | 22.5 | 2.4 | 24.8 | 24.9 | 0.1 |
| 3 to 5 hours | 28.7 | 24.5 | -4.2 | 28.1 | 22.8 | -5.3 | 29.0 | 25.4 | -3.6 |
| 6 to 10 hours | 16.6 | 13.6 | -3.0 | 19.0 | 14.8 | -4.2 | 15.4 | 12.9 | -2.5 |
| 11 to 15 hours | 6.1 | 4.7 | -1.4 | 7.9 | 6.1 | -1.8 | 5.2 | 4.0 | -1.2 |
| 16 to 20 hours | 2.6 | 2.3 | -0.3 | 3.5 | 3.2 | -0.3 | 2.2 | 1.9 | -0.3 |
| Over 20 hours | 2.7 | 2.2 | -0.5 | 3.9 | 3.2 | -0.7 | 2.1 | 1.7 | -0.4 |
| Household/childcare duties |  |  |  |  |  |  |  |  |  |
| None | 17.6 | 61.4 | 43.8 | 25.8 | 67.8 | 42.0 | 13.3 | 58.0 | 44.7 |
| Less than 1 hour | 21.2 | 14.9 | -6.3 | 21.6 | 11.6 | -10.0 | 21.0 | 16.6 | -4.4 |
| 1 to 2 hours | 32.3 | 14.0 | -18.3 | 29.9 | 11.3 | -18.6 | 33.6 | 15.4 | -18.2 |
| 3 to 5 hours | 19.3 | 6.0 | -13.3 | 15.7 | 5.2 | -10.5 | 21.2 | 6.5 | -14.7 |
| 6 to 10 hours | 5.8 | 2.0 | -3.8 | 4.5 | 1.9 | -2.6 | 6.5 | 2.1 | -4.4 |
| 11 to 15 hours | 2.0 | 0.8 | -1.2 | 1.4 | 0.9 | -0.5 | 2.3 | 0.7 | -1.6 |
| 16 to 20 hours | 0.8 | 0.4 | -0.4 | 0.6 | 0.5 | -0.1 | 0.8 | 0.3 | -0.5 |
| Over 20 hours | 1.1 | 0.7 | -0.4 | 0.6 | 0.8 | 0.2 | 1.3 | 0.6 | -0.7 |
|  |  |  |  |  |  |  |  |  |  |
| MUCH TIME HAVE YOU SPENT DURING A |  |  |  |  |  |  |  |  |  |
| TYPICAL WEEK: |  |  |  |  |  |  |  |  |  |
| Reading for pleasure |  |  |  |  |  |  |  |  |  |
| None | 20.6 | 39.2 | 18.6 | 27.6 | 41.2 | 13.6 | 16.8 | 38.1 | 21.3 |
| Less than 1 hour | 25.9 | 25.9 | 0.0 | 25.8 | 22.3 | -3.5 | 25.9 | 27.7 | 1.8 |
| 1 to 2 hours | 26.6 | 19.9 | -6.7 | 24.1 | 19.5 | -4.6 | 27.9 | 20.1 | -7.8 |
| 3 to 5 hours | 16.6 | 9.9 | -6.7 | 13.8 | 10.3 | -3.5 | 18.1 | 9.6 | -8.5 |
| 6 to 10 hours | 6.7 | 3.2 | -3.5 | 6.0 | 3.8 | -2.2 | 7.2 | 2.9 | -4.3 |
| 11 to 15 hours | 1.9 | 1.0 | -0.9 | 1.7 | 1.4 | -0.3 | 2.1 | 0.7 | -1.4 |
| 16 to 20 hours | 0.9 | 0.5 | -0.4 | 0.6 | 0.6 | 0.0 | 1.1 | 0.5 | -0.6 |
| Over 20 hours | 0.8 | 0.5 | -0.3 | 0.6 | 0.8 | 0.2 | 0.9 | 0.3 | -0.6 |
| Playing videolcomputer games |  |  |  |  |  |  |  |  |  |
| None | 43.9 | 52.5 | 8.6 | 16.6 | 24.1 | 7.5 | 58.3 | 67.5 | 9.2 |
| Less than 1 hour | 21.8 | 16.3 | -5.5 | 19.4 | 17.3 | -2.1 | 23.1 | 15.8 | -7.3 |
| 1 to 2 hours | 15.3 | 13.6 | -1.7 | 23.3 | 21.2 | -2.1 | 11.1 | 9.6 | -1.5 |
| 3 to 5 hours | 10.2 | 9.3 | -0.9 | 20.6 | 18.2 | -2.4 | 4.7 | 4.6 | -0.1 |
| 6 to 10 hours | 4.9 | 4.6 | -0.3 | 10.9 | 10.3 | -0.6 | 1.8 | 1.7 | -0.1 |
| 11 to 15 hours | 1.8 | 1.7 | -0.1 | 4.3 | 4.0 | -0.3 | 0.5 | 0.4 | -0.1 |
| 16 to 20 hours | 0.8 | 0.9 | 0.1 | 2.0 | 2.2 | 0.2 | 0.2 | 0.2 | 0.0 |
| Over 20 hours | 1.1 | 1.1 | 0.0 | 2.9 | 2.7 | -0.2 | 0.2 | 0.2 | 0.0 |
| Prayer/meditation |  |  |  |  |  |  |  |  |  |
| None | 35.9 | 45.2 | 9.3 | 39.4 | 47.3 | 7.9 | 34.1 | 44.1 | 10.0 |
| Less than 1 hour | 33.5 | 27.7 | -5.8 | 33.0 | 26.1 | -6.9 | 33.7 | 28.6 | -5.1 |
| 1 to 2 hours | 20.0 | 17.0 | -3.0 | 18.0 | 15.7 | -2.3 | 21.1 | 17.7 | -3.4 |
| 3 to 5 hours | 7.1 | 6.0 | -1.1 | 6.2 | 5.8 | -0.4 | 7.6 | 6.2 | -1.4 |
| 6 to 10 hours | 2.0 | 2.4 | 0.4 | 2.0 | 2.8 | 0.8 | 2.1 | 2.1 | 0.0 |
| 11 to 15 hours | 0.6 | 0.6 | 0.0 | 0.7 | 0.9 | 0.2 | 0.5 | 0.5 | 0.0 |
| 16 to 20 hours | 0.3 | 0.4 | 0.1 | 0.3 | 0.5 | 0.2 | 0.3 | 0.3 | 0.0 |
| Over 20 hours | 0.6 | 0.6 | 0.0 | 0.5 | 0.9 | 0.4 | 0.7 | 0.5 | -0.2 |


| All First-time Full-time | All Students |  |  | Men |  |  | Women |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2004 | 2005 | Change | 2004 | 2005 | Change | 2004 | 2005 | Change |
| Number of Respondents | 22,480 | 22,480 | --- | 7,841 | 7,841 | --- | 14,639 | 14,639 | --- |
| What is your grade average? |  |  |  |  |  |  |  |  |  |
| A (3.75-4.0) | 32.1 | 17.8 | -14.3 | 27.9 | 15.1 | -12.8 | 34.4 | 19.3 | -15.1 |
| A-, B+ (3.25-3.74) | 47.4 | 34.5 | -12.9 | 46.0 | 31.4 | -14.6 | 48.1 | 36.1 | -12.0 |
| B (2.75-3.24) | 13.9 | 27.6 | 13.7 | 16.4 | 29.0 | 12.6 | 12.5 | 26.9 | 14.4 |
| B-, C+ (2.25-2.74) | 5.7 | 12.3 | 6.6 | 8.3 | 14.4 | 6.1 | 4.3 | 11.2 | 6.9 |
| C (1.75-2.24) | 0.9 | 5.5 | 4.6 | 1.4 | 6.9 | 5.5 | 0.7 | 4.7 | 4.0 |
| C- or less (below 1.75) | 0.0 | 2.3 | 2.3 | 0.1 | 3.1 | 3.0 | 0.0 | 1.8 | 1.8 |
| Do you have any concern about your ability to finance your college education? |  |  |  |  |  |  |  |  |  |
| Some (but I probably will have enough funds) | 54.9 | 53.1 | -1.8 | 50.2 | 50.0 | -0.2 | 57.3 | 54.7 | -2.6 |
| Major (not sure I will have enough funds to complete college) | 13.3 | 16.3 | 3.0 | 10.2 | 13.4 | 3.2 | 15.0 | 17.9 | 2.9 |
| Do you give the Higher Education Research Institute at UCLA permission to include your ID number should your college request the data for additional research analyses? |  |  |  |  |  |  |  |  |  |
| Yes | 57.6 | 48.9 | -8.7 | 58.3 | 48.4 | -9.9 | 57.3 | 49.1 | -8.2 |
| No | 42.4 | 51.1 | 8.7 | 41.7 | 51.6 | 9.9 | 42.7 | 50.9 | 8.2 |

## Appendix E: 2005 Your First College Year Survey Instrument

# Your First College Year 2005 

Sponsored by the Higher Education Research Institute at UCLA

PLEASE PRINT YOUR NAME AND DATE OF BIRTH (one letter or number per box)


|  | PLEASE PROVIDE YOUR I.D. NUMBER (as instructed) |  |  |  |  |  |  |  |  | Mark here if directed |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  | $\begin{gathered} \text { GRP. } \\ \text { CODE } \\ \text { A } \end{gathered}$ | $\begin{aligned} & \text { GRP. } \\ & \text { CODE } \\ & \hline \end{aligned}$ |
|  | (0) | (0) | (0) | (0) | (0) | (0) | (0) | (0) | (0) | (0) (0) | (0) (0) |
|  | (1) | (1) | (1) | (1) | (1) | (1) | (1) | (1) | (1) | (1) (1) | (1) (1) |
|  | (2) | (2) | (2) | (2) | (2) | (2) | (2) | (2) | (2) | (2) (2) | (2) (2) |
|  | (3) | (3) | (3) | (3) | (3) | (3) | (3) | (3) | (3) | (3) (3) | (3) (3) |
|  | (4) | (4) | (4) | (4) | (4) | (4) | (4) | (4) | (4) | (4) (4) | (4) (4) |
|  | (5) | (5) | (5) | (5) | (5) | (5) | (5) | (5) | (5) | (5) (5) | (5) (5) |
|  | (6) | (6) | (6) | (6) | (6) | (6) | (6) | (6) | (6) | (6) (6) | (6) (6) |
| $\underline{2}$ | (7) | $7$ | (7) | (7) | (7) | (7) | (7) | (7) | (7) | (7) 7 | (7) 7 |
| $\sum_{\text {r }}$ | (8) | (8) | (8) | (8) | (8) | (8) | (8) | (8) | (8) | (8) (8) | (8) (8) |
| O | (9) | (9) | (9) | (9) | (9) | (9) | (9) | (9) | (9) | (9) (9) | (9) (9) |

1. What year did you first enter: (Mark one in each column)

2. Please indicate your current enrollment status below. (Mark one)
Full-time . . . . . . . . . . . . . . . . . . .
Part-time . . . . . . . . . . . . . . . . . . .
Not enrolled .....................

## 3. Your sex:

$\bigcirc$ Male $\bigcirc$ Female
4. Where did you primarily live while attending college this past year? (Mark one)
College residence hall, suite, or other campus housing . . . Private home or apartment
Other
5. Since entering this college, how often have you interacted with the following people (e.g., by phone, e-mail, Instant Messenger, or in person): (Mark one for each item)

Faculty during office hours


Faculty outside of class or office hours.
Academic advisors/counselors


#### Abstract

. .


Other college personnel.
Close friends at this institution.
Close friends not at this institution.
Your family
Graduate students/teaching assistants . . . . ○○○○○○○
6. Please rate your satisfaction with each of the following at this institution. If you did not use the service or facility, mark "No Experience/Not Available." (Mark one for each item)

7. Are you: (Mark all that apply)

White/Caucasian .
African American/Black
American Indian/Alaska Native . . . . . . . . . . . . . . . . . . .
Asian American/Asian . . . . . . . . . . . . . . . . . . . . . . . . . . .
Native Hawaiian/Pacific Islander . . . . . . . . . . . . . . . . . .
Mexican American/Chicano . . . . . . . . . . . . . . . . . . . . . .
Puerto Rican . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
Other Latino . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
Other . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
8. Is English your native language?
$\bigcirc$ Yes
No


| 14. Since entering this college, how often have you felt: (Mark one for each item) |  |
| :---: | :---: |
| Lonely or homesick | (F) (0) (B) |
| Worried about meeting new people . | (F) © © © (1) |
| Isolated from campus life |  |
| Unsafe on this campus | (F) (0) © © |
| Worried about your health | (F) © ® ® |
| Intimidated by your professors. | (F) © © ® ${ }^{\text {(1) }}$ |
| That your courses inspired you to think in new ways | $\oplus(\mathbb{E} \subset \mathbb{B}$ |
| That your job responsibilities interfered with your schoolwork. | (F) (ㅇ (B) |
| That your family responsibilities interfered with your schoolwork. | (F) © © ® ${ }^{(1)}$ |
| That your social life interfered with your schoo | (F) (0) © ${ }^{(1)}$ |
| Concerned about life after college | (F) (0) (8) |
| Family support to succeed | (F) (1) ® ${ }^{(1)}$ |

17. Since entering this college have you:
(Mark all that apply)

18. Since entering this college, indicate how often you: (Mark one for each item)


Turned in course assignment(s) late . . . . . . . . . . . . (F) © © ©
Spoke up in class $\qquad$

$$
\text { ( } F \text { © © } \mathbb{B} \mathbb{N}
$$

Discussed course content with students outside of class (F) (O) (R)

Skipped class (F) (O) (R) (N)

Received tutoring . . . . . . . . . . . . . . . . . . . . . . . . . . . (F) (O) (N)
Worked on a professor's research project . . . . . . . (F) (B) (N)
Turned in course assignments that did not reflect your best work (F) (B) $\mathbb{1}$

Participated in intramural sports . . . . . . . . . . . . . . . (F) (B) (N)
Had difficulty getting along with your roommate(s)/housemate(s) (F) (O) (N)

Sought personal counseling. (F) (O) (A)

Went on a date . . . . . . . . . . . . . . . . . . . . . . . . . . . . © ( $\mathbb{B}$ © ©
Received negative feedback about your academic work
(F) (O) (R)

Received advice and guidance about your educational program from a professor (F) (O) (R)

Received emotional support and encouragement from a professor (F) (O) (B)

Read a newspaper . . . . . . . . . . . . . . . . . . . . . . . . . . (F) © (B)
Witnessed academic dishonesty/cheating ....... (F) © (A)
Went home for the weekend . . . . ...................(B) (B) (N)
Worked with an academic advisor to select your courses
(F) (B) (N)

Received advice/counseling from a junior or senior

Received advice/counseling from another first-year student
(F) (O) (N)

Fell asleep in class . . . . . . . . . . . . . . . . . . . . . . . . . (F) © (B) ©
Had difficulty getting into the courses you needed. (F) (O) (A)
Read newspaper articles as part of a class ...... (F) (B) (N)

23. Please rate your satisfaction with this institution on each of the aspects of campus life listed below. (Mark one for each item)

Amount of contact with faculty
Opportunities for community service $\qquad$
Opporunties for communty service
life
Relevance of coursework to future career plans
Overall quality of instruction
Campus social activities
Overall sense of community among students
Overall college experience
24. If you could make your college choice over, would you still choose to enroll at your current (or most recent) college? (Mark one)

Definitely yes
Probably I would
Probably not
Definitely no
Don't know
25. Do you have any concern about your ability to finance your college education? (Mark one)
None (I am confident that I will have sufficient funds) . . . . . . . . . .
Some (but I probably will have enough funds)
Major (not sure I will have enough funds to complete college).
26. What do you think you will be doing in Fall 2005 ?
(Mark one)
Attending your current (or most recent) institution . . . . . . . . . . . .
Attending another institution
Not attending any institution
27. Do you give the Higher Education Research Institute at UCLA permission to include your ID number should your college request the data for additional research analyses?

Yes $\bigcirc$ No

The remaining ovals are provided for questions specifically designed by your college rather than the Higher Education Research Institute. If your college has chosen to use the ovals, please observe carefully the supplemental directions given to you.
28. (A) (B) (C) (D) (E)
29. (A) (B) (C) (D) (E)
30. (A) (B) (C) (D) (E)
31. (A) (B) (C) (D) (E)
32. (A) (B) (C) (D) (E)
33. (A) (B) (C) (D)
34. (A) (B) (C) (D) (E)
38. (A) (B) (C) (D)
39. (A) (B) (C) (D)
40. (A) (B) (C) (D) (E)
41. (A) (B) (C) (D) (E)
42. (A) (B) (C) (D) (E)
43. (A) (B) (C) (D)
44. (A) (B) (C) (D) (E)
45. (A) (B) (C) (D) (E)
46. (A) (B) (C) (D)
47. (A) (B) (C) (E)
48. (A) (B) (C) (D)
49. (A) (B) (C) (D) (E)
50. (A) (B) (C) (D) (E)
51. (A) (B) (C) (D) (E)
52. (A) (B) (C) (D) (E)
53. (A) (B) (C) (D) (E)
54. (A) (B) (C) (D) (E)
55. (A) (B) (C) (D) (E)
56. (A) (B) (C) (D) (E)
57. (A) (B) (C) (D) (E)

Thank You!


[^3] Los Angeles, California, 90095-1521


[^0]:    [1] Respondents marking "No Experience/Not Available" were not included in these results.
    [2] Percentages will sum to more than 100.0 if any respondents marked more than one ethnic group.

[^1]:    [3] Percentage marking "Frequently" only. All other results in this section represent the percentage marking "Frequently" or "Occasionally".

[^2]:    [1] Percentage marking "Frequently" only. All other results in this section represent the percentage marking "Frequently" or "Occasionally".

[^3]:    © 2005 Prepared by the Higher Education Research Institute, University of California,

