ADJUSTING TO COLLEGE





CAN BE TRICKY



of respondents said that if given the choice, they would still choose to enroll at their current college, while **Approximately 50%** were undecided. The items below provide us with a look into how first-year students acclimate to their new school. 34%

National results are shown in NAVY & WHITE I

results are shown in GRAY

FIRST-YEAR STUDENTS ARE WORRIED ABOUT SAFETY ON CAMPUS



Felt unsafe on campus



Believe sexual violence is prevalent on campus



Are not aware of their college's harassment/assault reporting policy

WHILE COLLEGES TOOK STEPS TO EASE STUDENTS' TRANSITION TO COLLEGE,



30% Participated in a common book or summer reading program



Took a course or first-year seminar designed to help students adjust to college life



Were satisfied with first-year programs





with their orientation

MANY STUDENTS STILL HAD DIFFICULTY ADJUSTING.



Found it difficult to manage time effectively



Had difficulty developing effective study skills



Frequently felt overwhelmed by all they had to do



Felt isolated from campus life



Felt lonely or homesick

WHILE SOME STUDENTS MAINTAINED **CONTACT WITH THEIR FAMILIES** AND COMMUNITIES BACK HOME....



36% Interacted with parents or guardians daily



24% Interacted with siblings

or extended family daily

MOST FIRST-YEAR STUDENTS ESTABLISHED CONNECTIONS AT THEIR NEW SCHOOL.



86% Felt that faculty empowered them to learn



Interacted with close friends at their school daily



85% Agreed that at least one staff member took an interest in their development



Received advice/counseling from another student



Found it easy to develop close friendships with other students



Are satisfied with the overall sense of community among students



Frequently went home for the weekend



their family

Contributed money to help support



Felt their family responsibilities interfered with schoolwork



The more you know about your students, the better you can understand their needs. With insight from CIRP's Your First College Year Survey, the most comprehensive tool addressing first-year programming and persistence, you'll be one step closer to providing the best environment for student learning and adjustment to college.